

MandalaHowTo.com

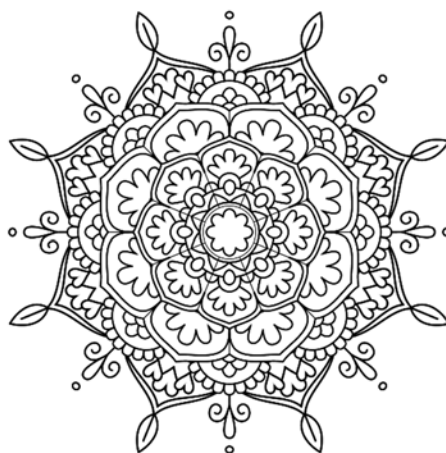
Relaxing Mandala Coloring Book



Letter 8.5 x 11

Hello. My name is Mary. I found a love for mandalas after a friend shared her work with me. Since then, I have painted and gifted hundreds of mandala rocks. Friends and family wanted to join in on the fun, so we had backyard parties learning and painting together. I transferred that knowledge into a step-by-step online video class to share this wonderful hobby to even more people in the world.

Another, more portable, way to enjoy the relaxation of creating mandalas is sketching or coloring books. Here is a gift to you of my designs for coloring. You can print the designs in your own printer or local business printing shop. You can trim the top and bottom to square off the paper around the design for framing or making a greeting card.



Instructions:

- 1) This book is available at MandalaHowTo.com to download for free.
- 2) The format is a PDF and the file should display automatically in Adobe Acrobat when you open the file. Adobe Acrobat Reader is a free app available to download. Search "Adobe Acrobat Reader download" in a search engine to find it.
- 3) Use Acrobat's print function to print the pages. In the print window, you can specify which pages to print.
- 4) In the Page Size and handling, the default settings should be fine. If you want to experiment, the ideal settings should be Size: Actual Size (or Fit). Although the native size of this PDF is Letter, the Fit option makes it easy to print on A4, or any other size you prefer as well.
- 5) Feel free to share with family and friends!

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Mandala Rock Painting

Complete and easy step-by-step course

About this course: You will receive a breakdown of all the steps, tools, supplies, and techniques to paint a beautiful dot mandala rock.

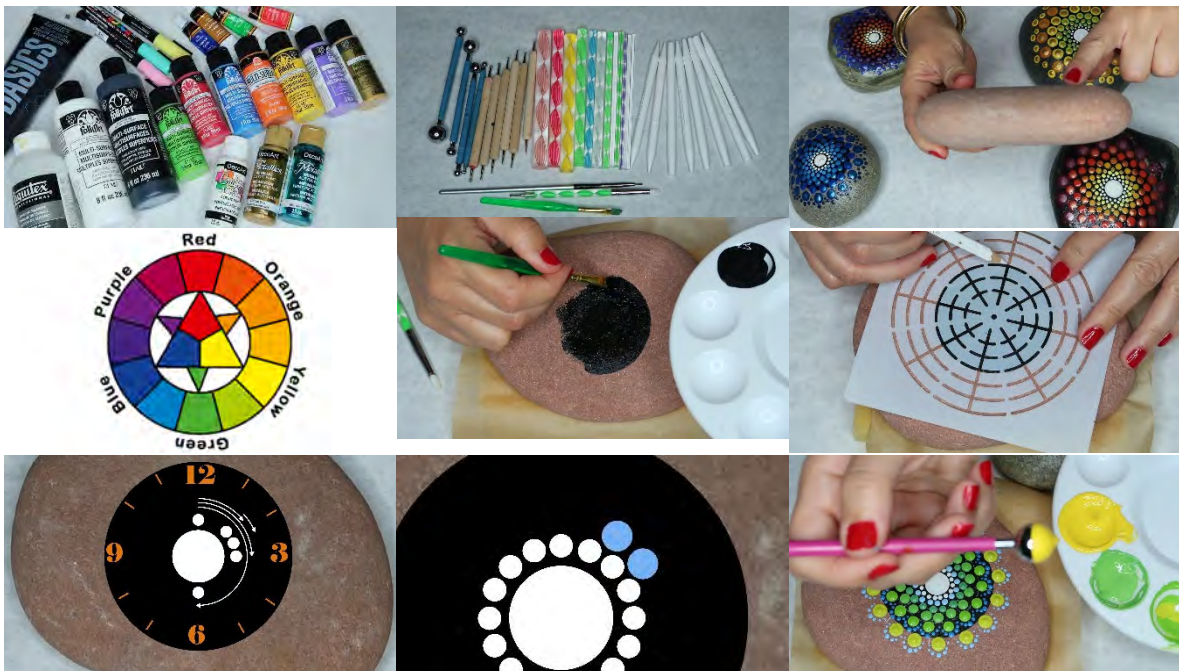
Skill level: Beginner, Intermediate

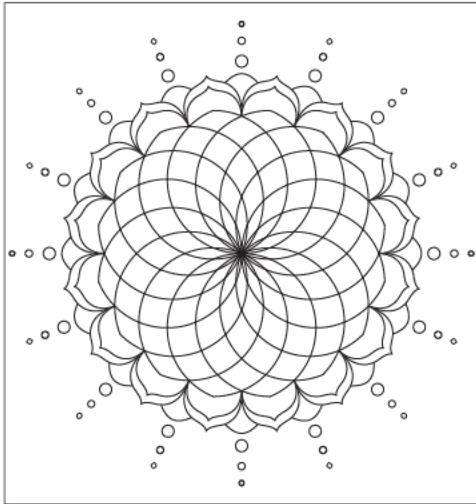
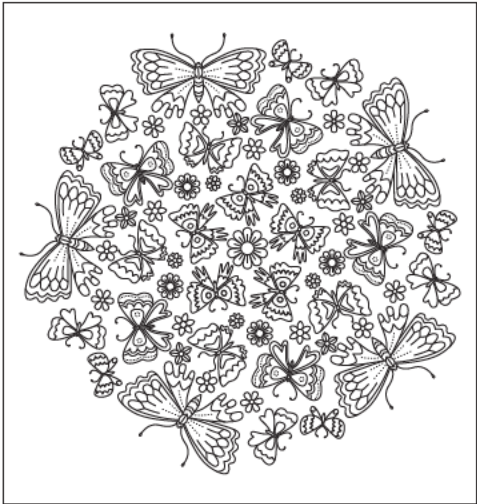
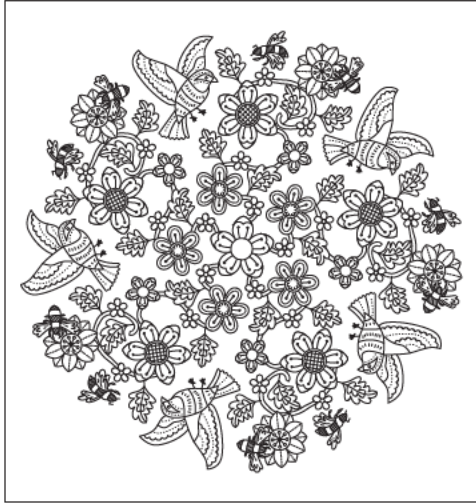
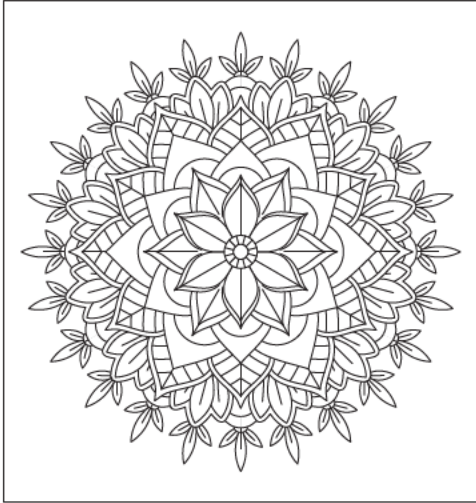
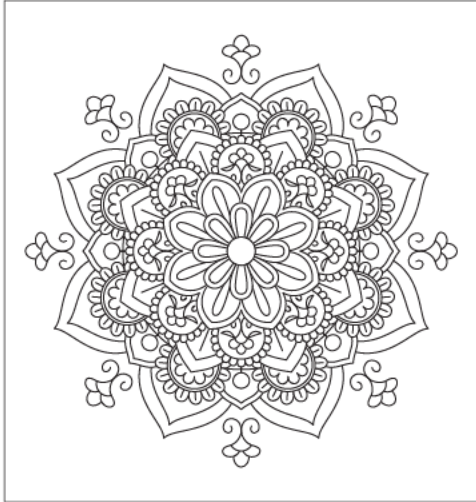
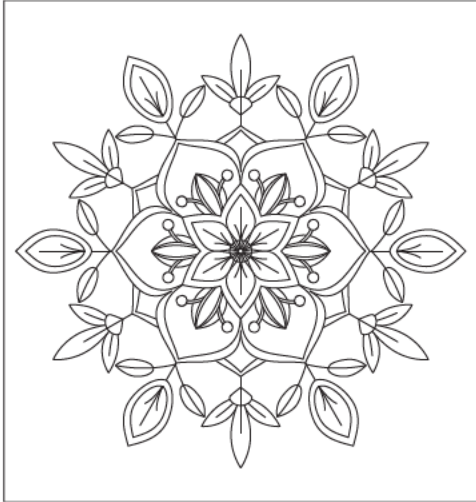
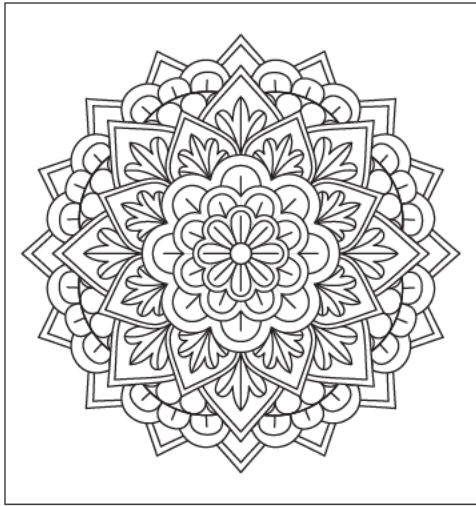
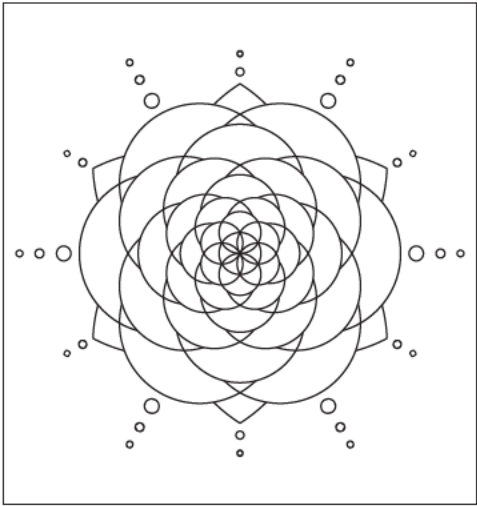
System: This course is available on Udemy and can be viewed on most computer internet browsers and mobile devices on iOS and Android

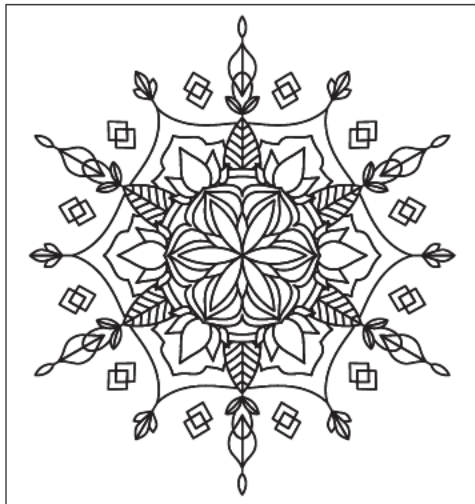
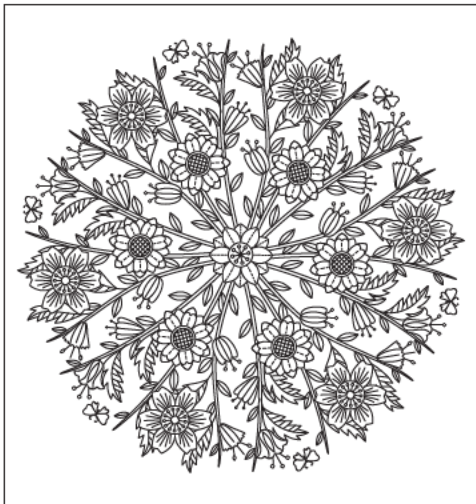
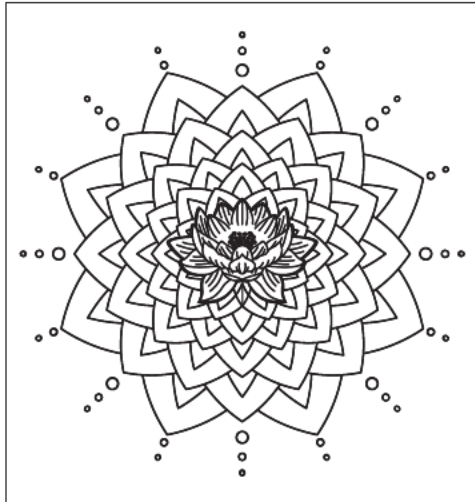
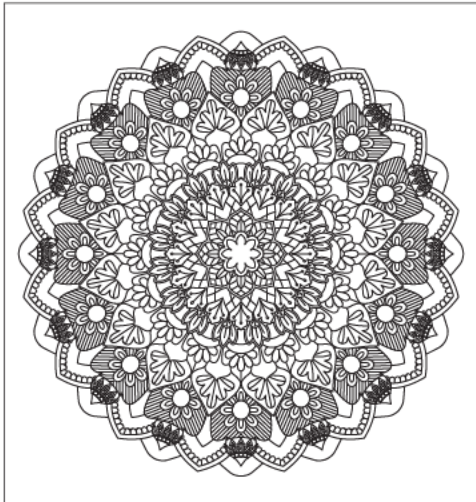
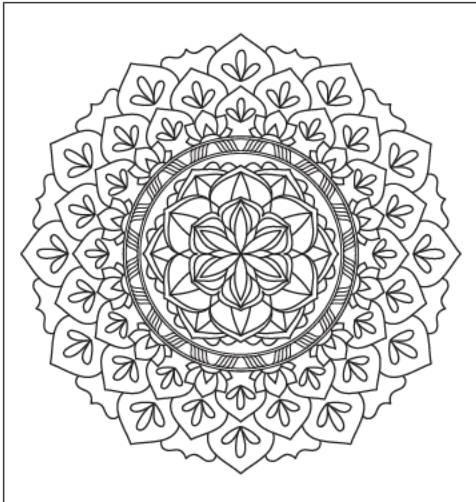
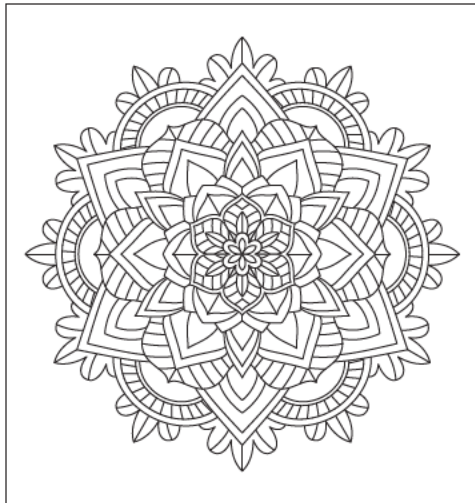
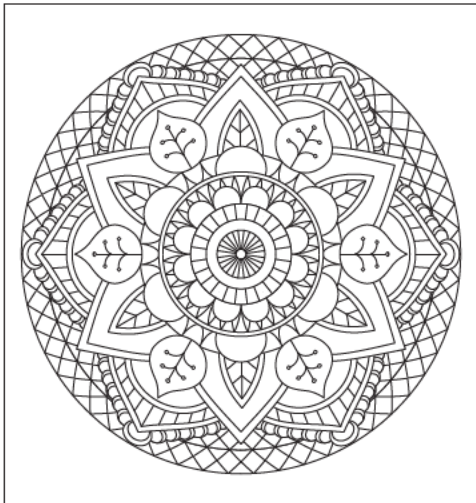
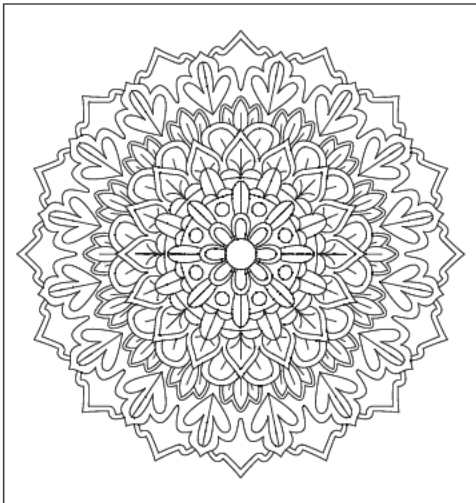
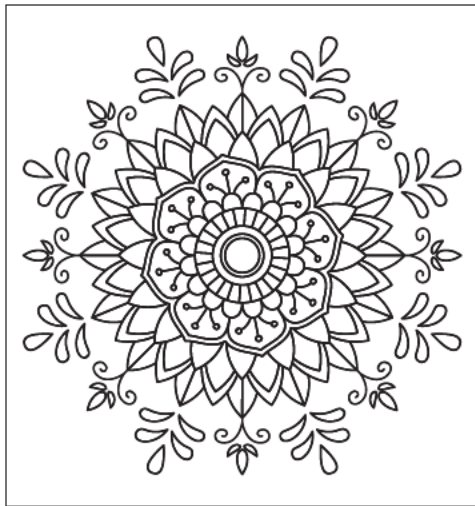
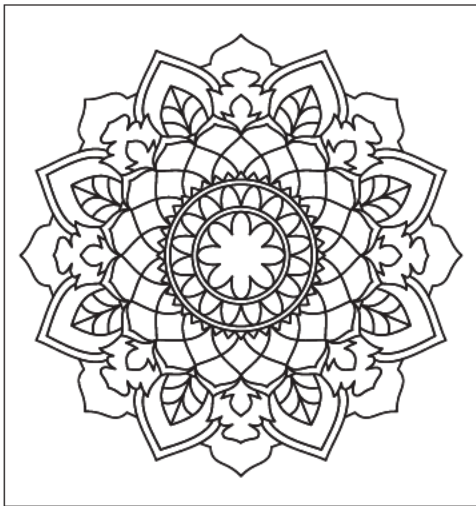
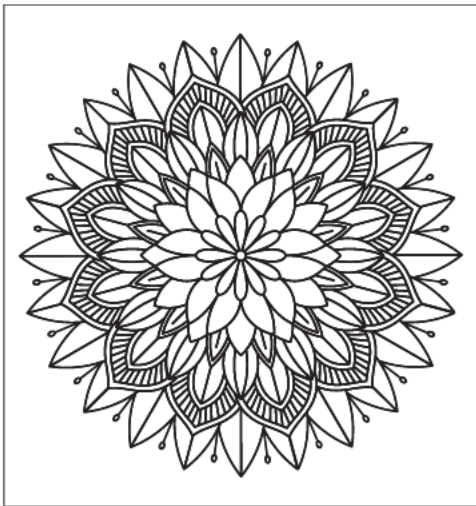


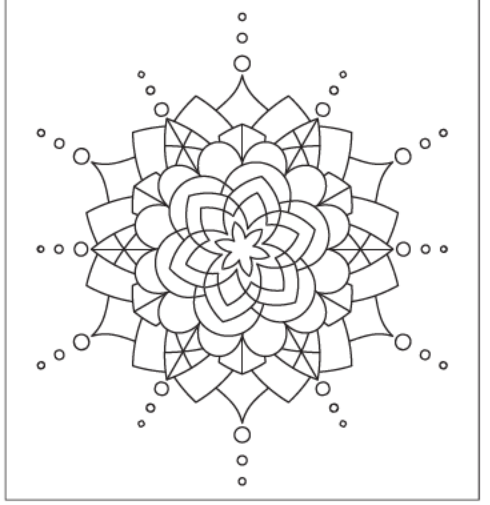
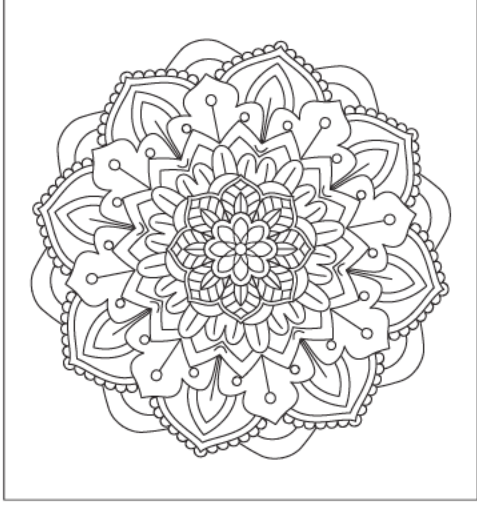
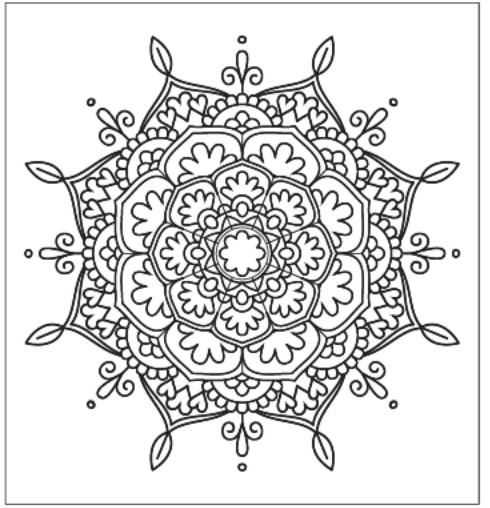
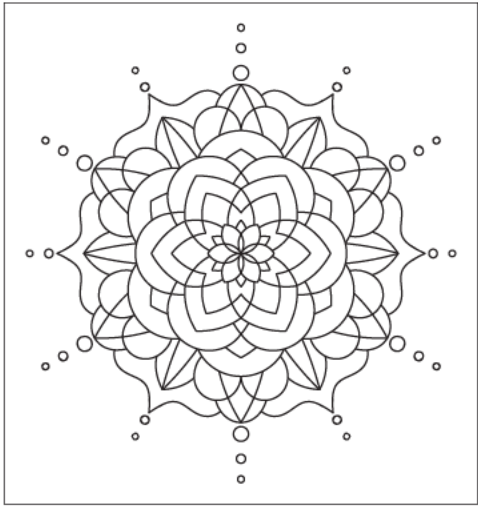
Course Link: <https://www.udemy.com/course/mandala-rock-painting-complete-step-by-step-for-beginners/?couponCode=AUGUST2023>

Description: Learn about all the supplies, which ones are optional, and the advantages of different choices. Paint with precision using the easy "halfway technique" to creating your mandala pattern. See how the color wheel can help you choose a beautiful gradient color pattern. Learn intermediate/advanced dotting techniques like walking dots, double dots/layering dots, and swoosh strokes. You'll also learn different ways you can turn your rock painting into a business.

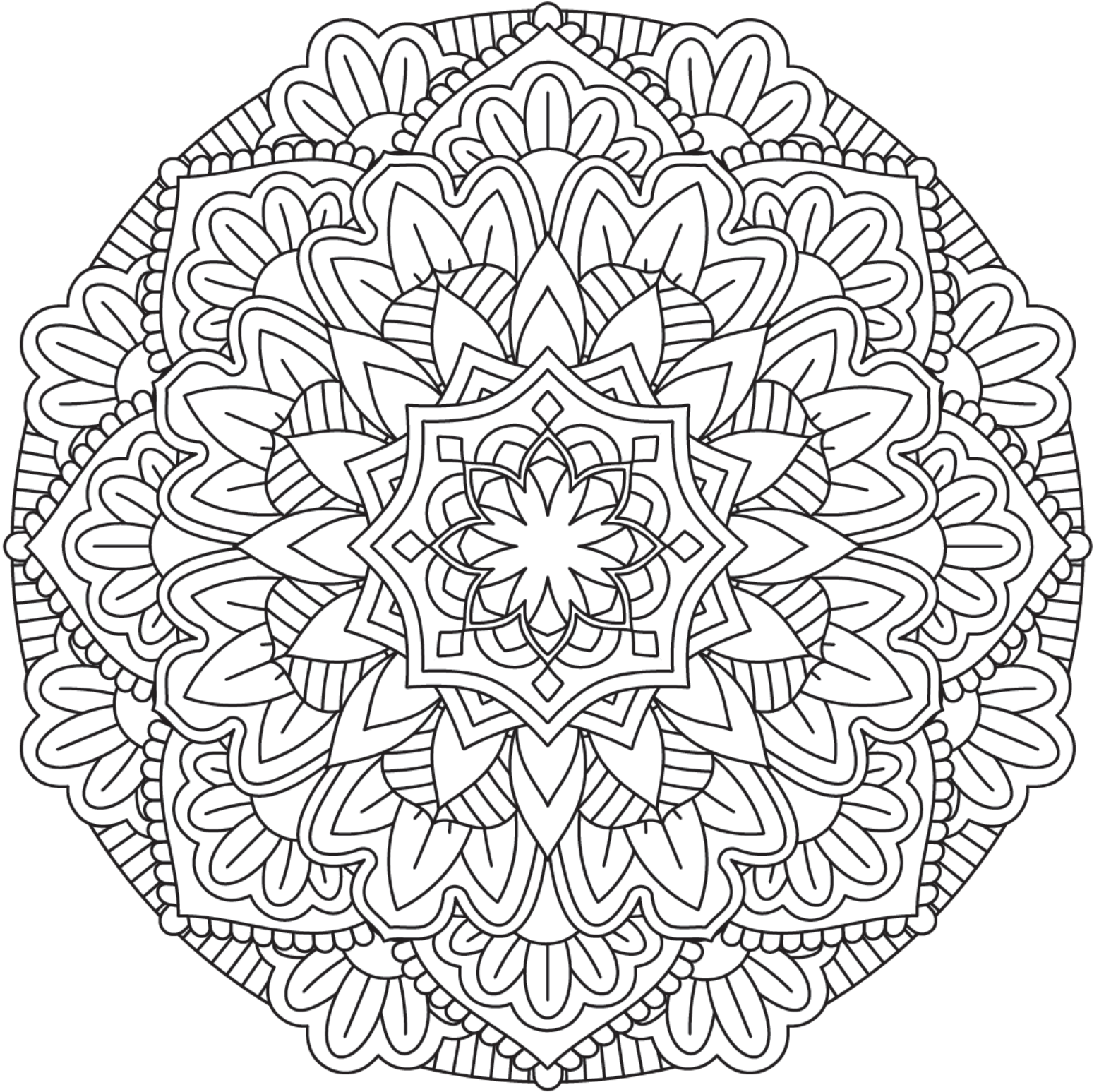




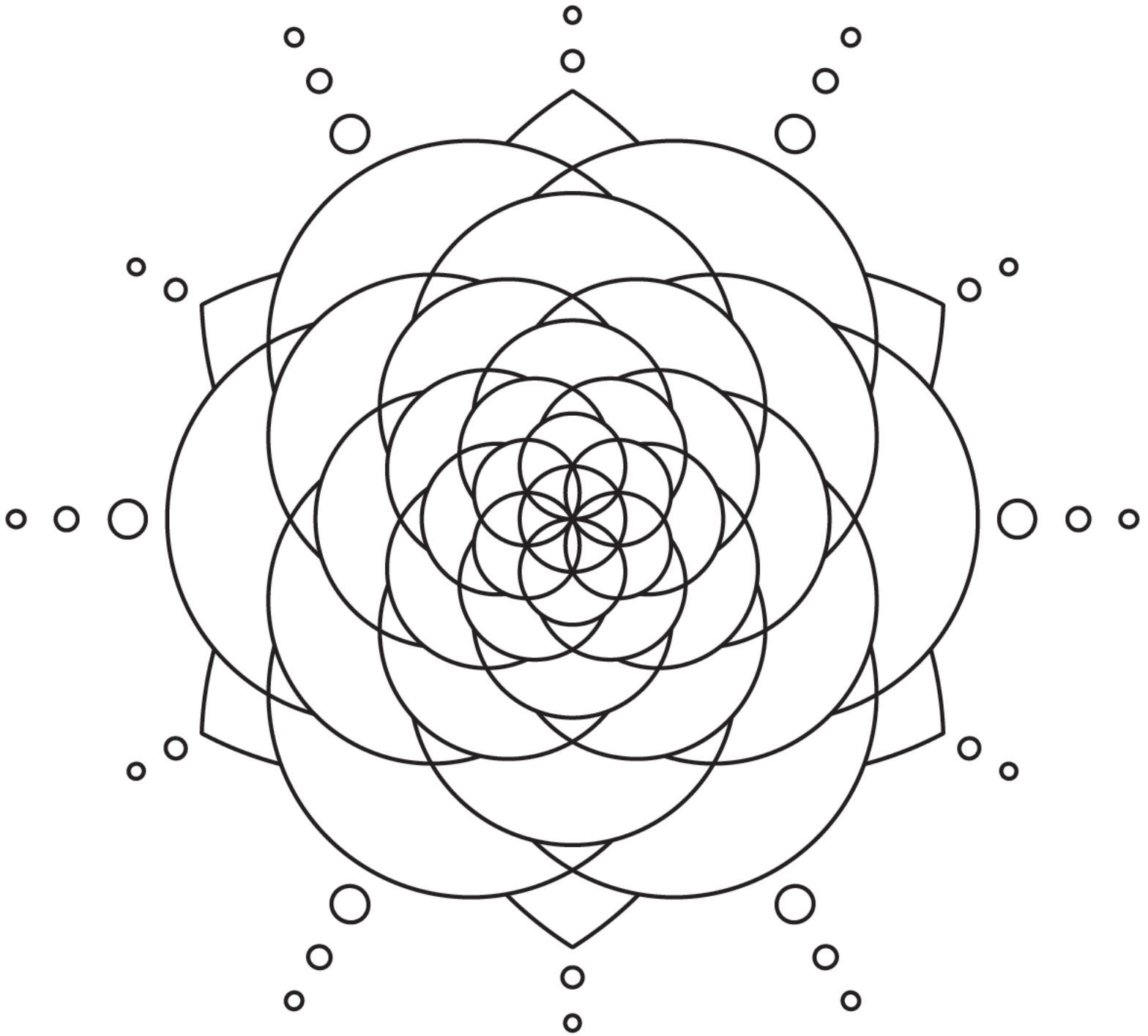




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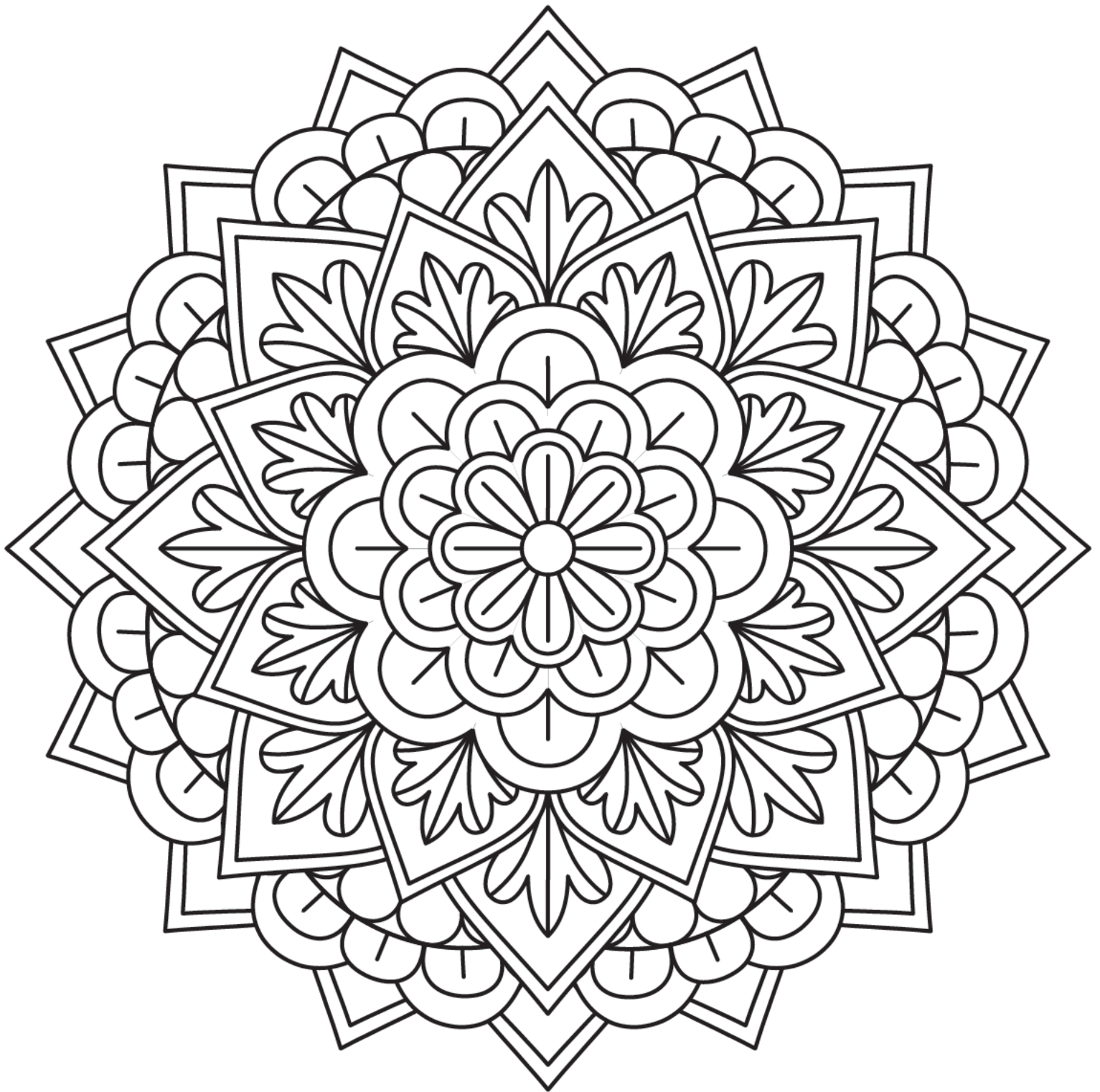


Life is really simple, but we insist on making it complicated. -Confucius

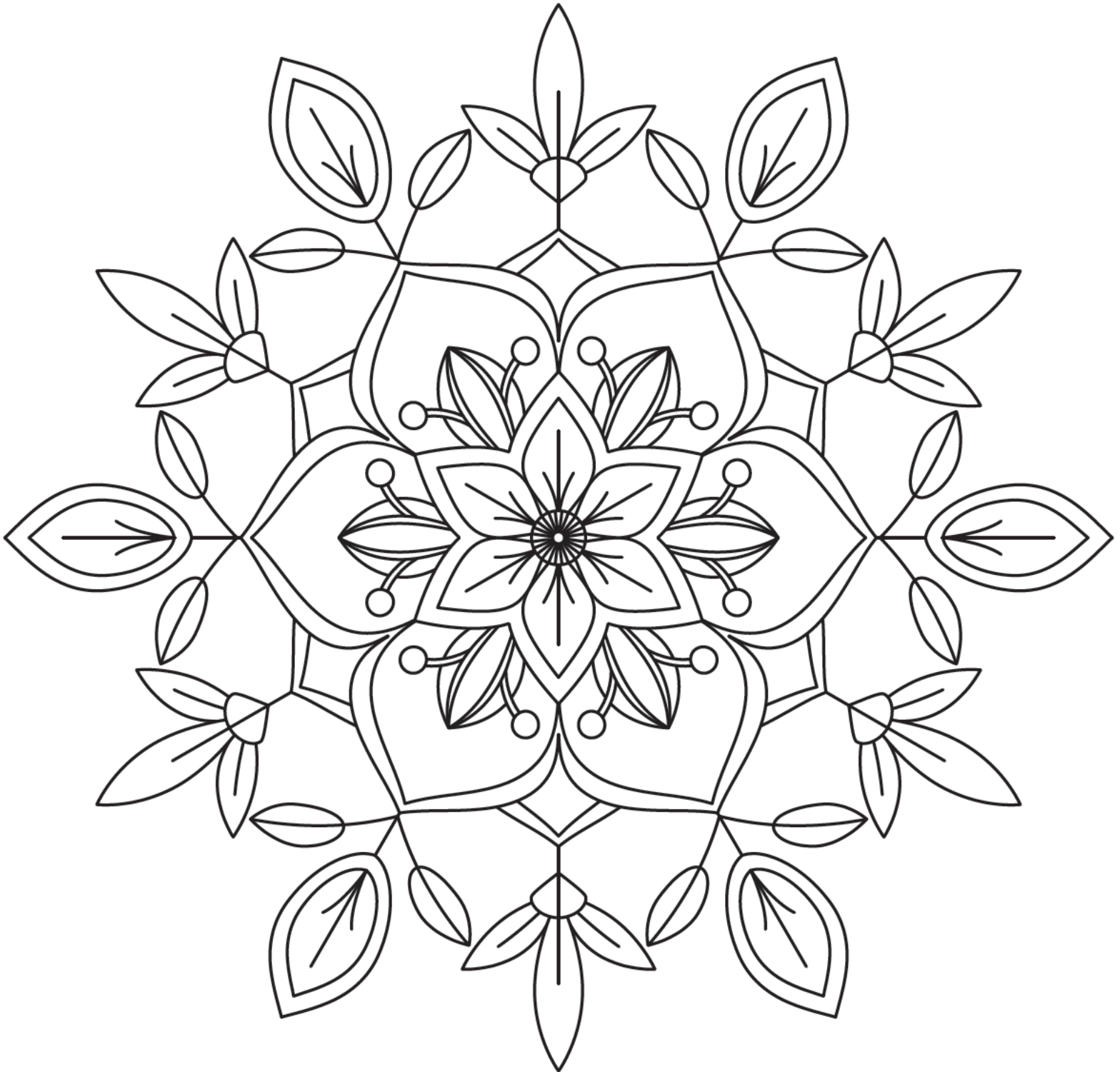


*Our greatest glory is not in never falling, but in
rising every time we fall. -Confucius*

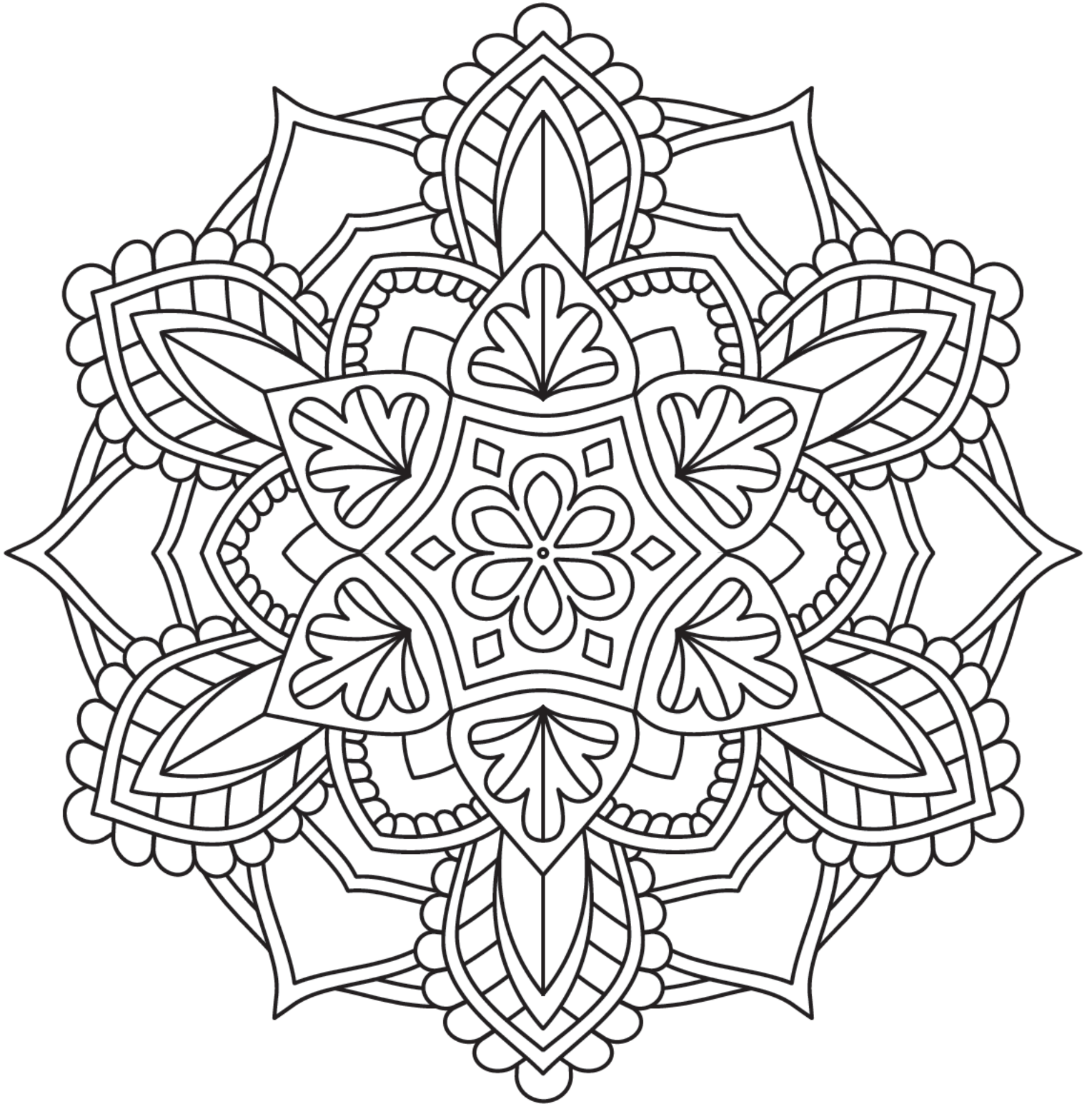
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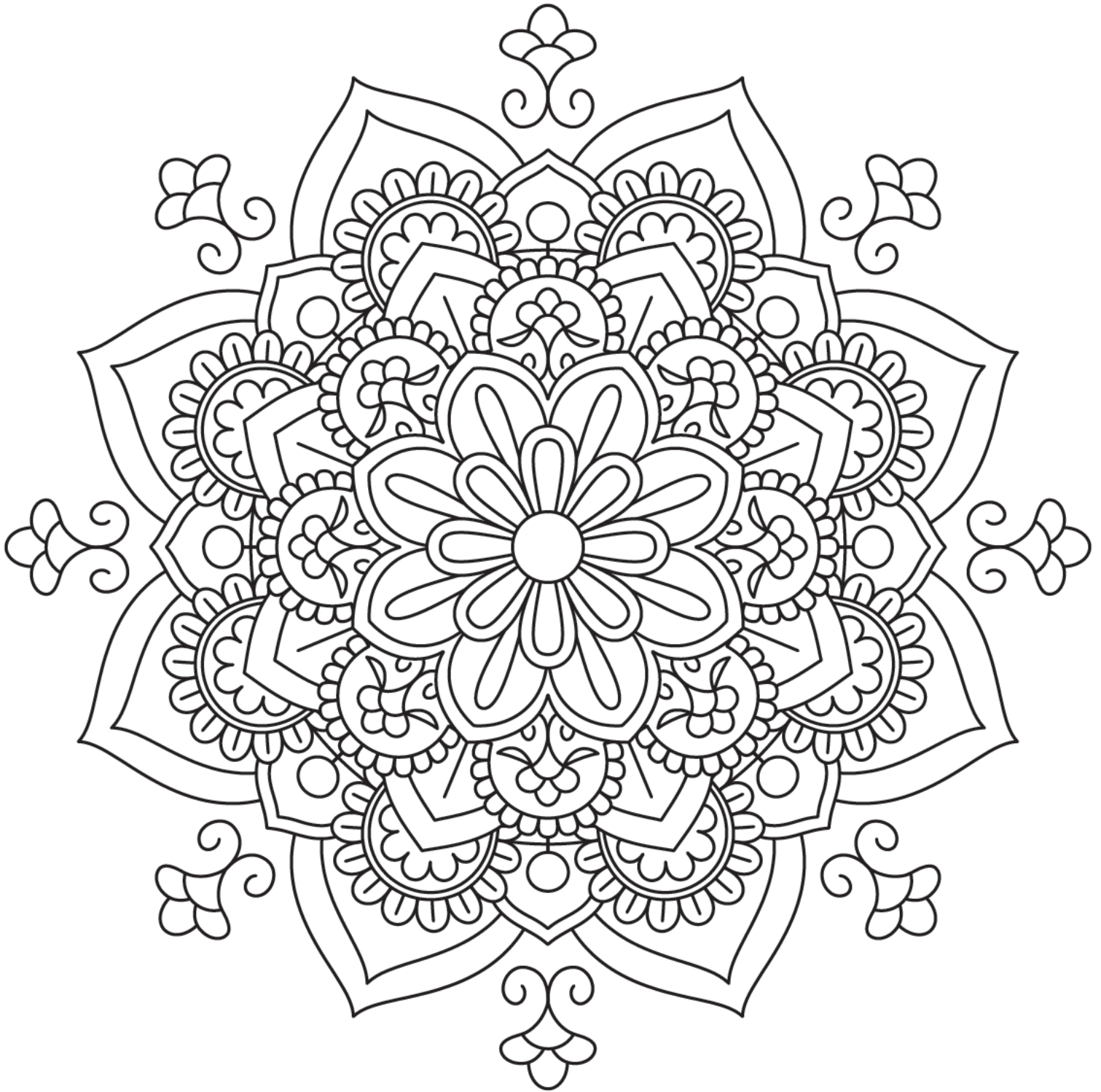
Learn how to paint a dot mandala rock in a complete step-by-step course.



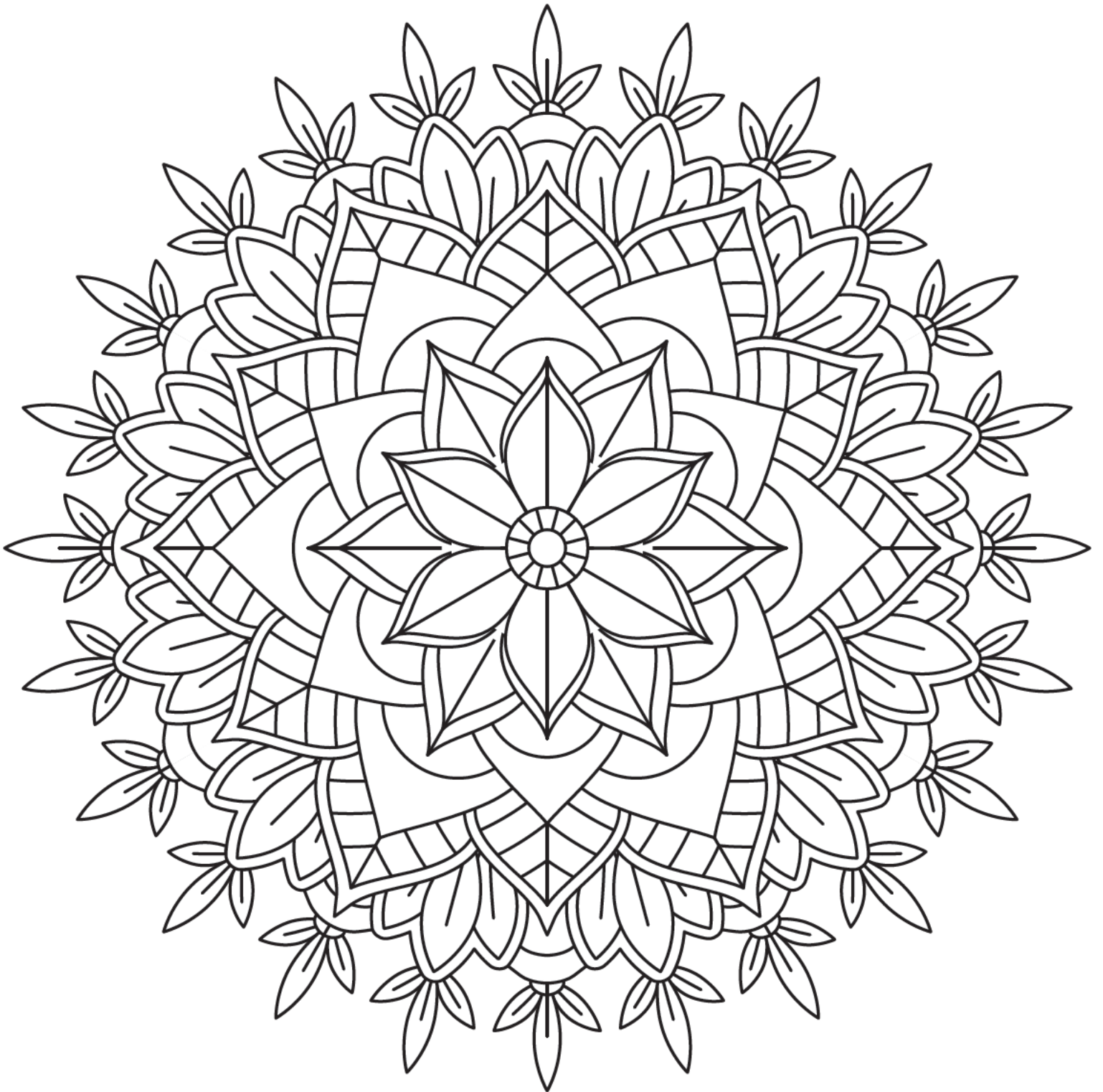
*Everything has beauty, but not everyone
sees it. -Confucius*



*I hear and I forget. I see and I remember. I do
and I understand. -Confucius*

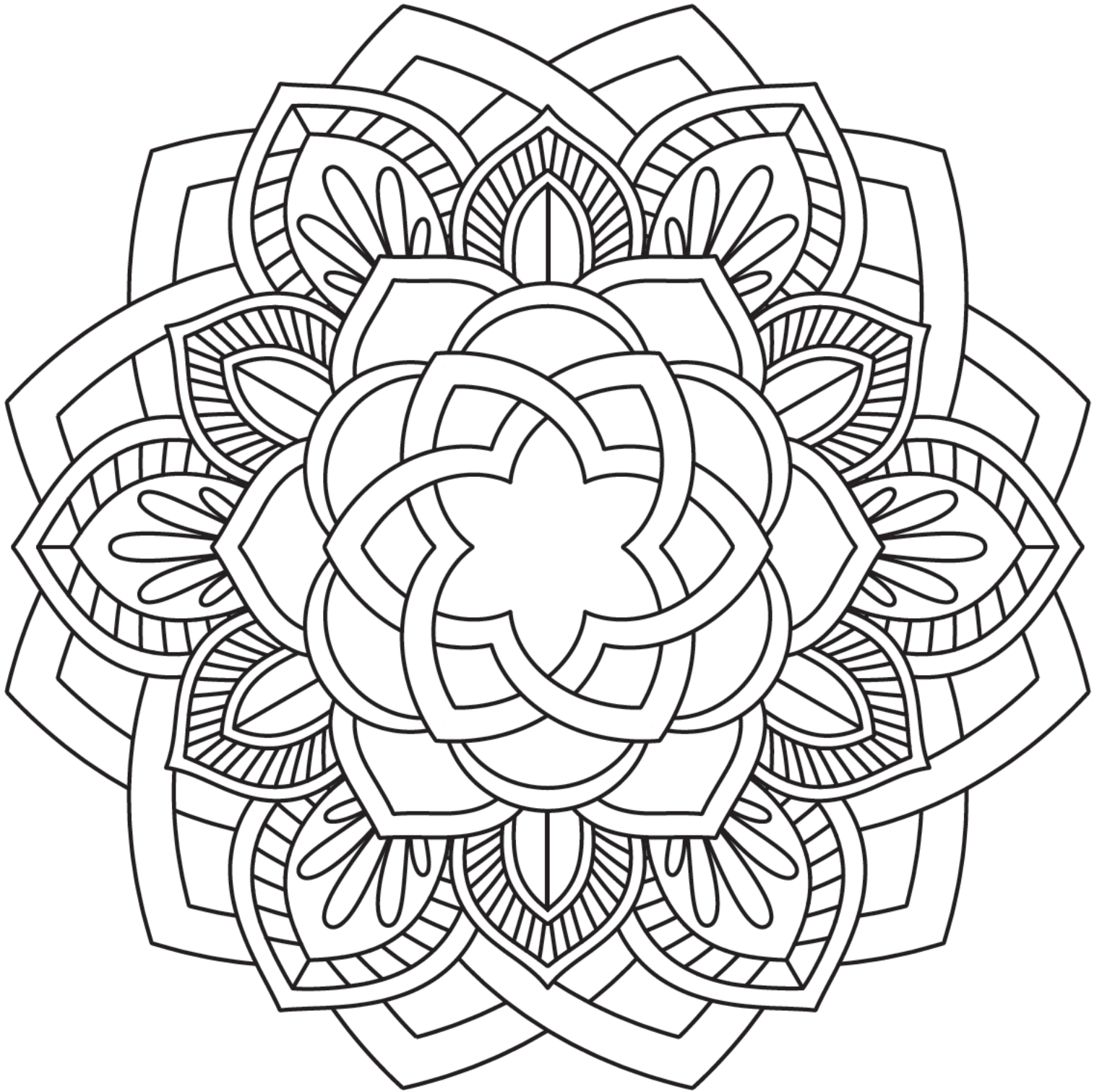


*The man who says he can and the man who says
he can't are both correct. -Confucius*



*When anger rises, think of the consequences.
-Confucius*

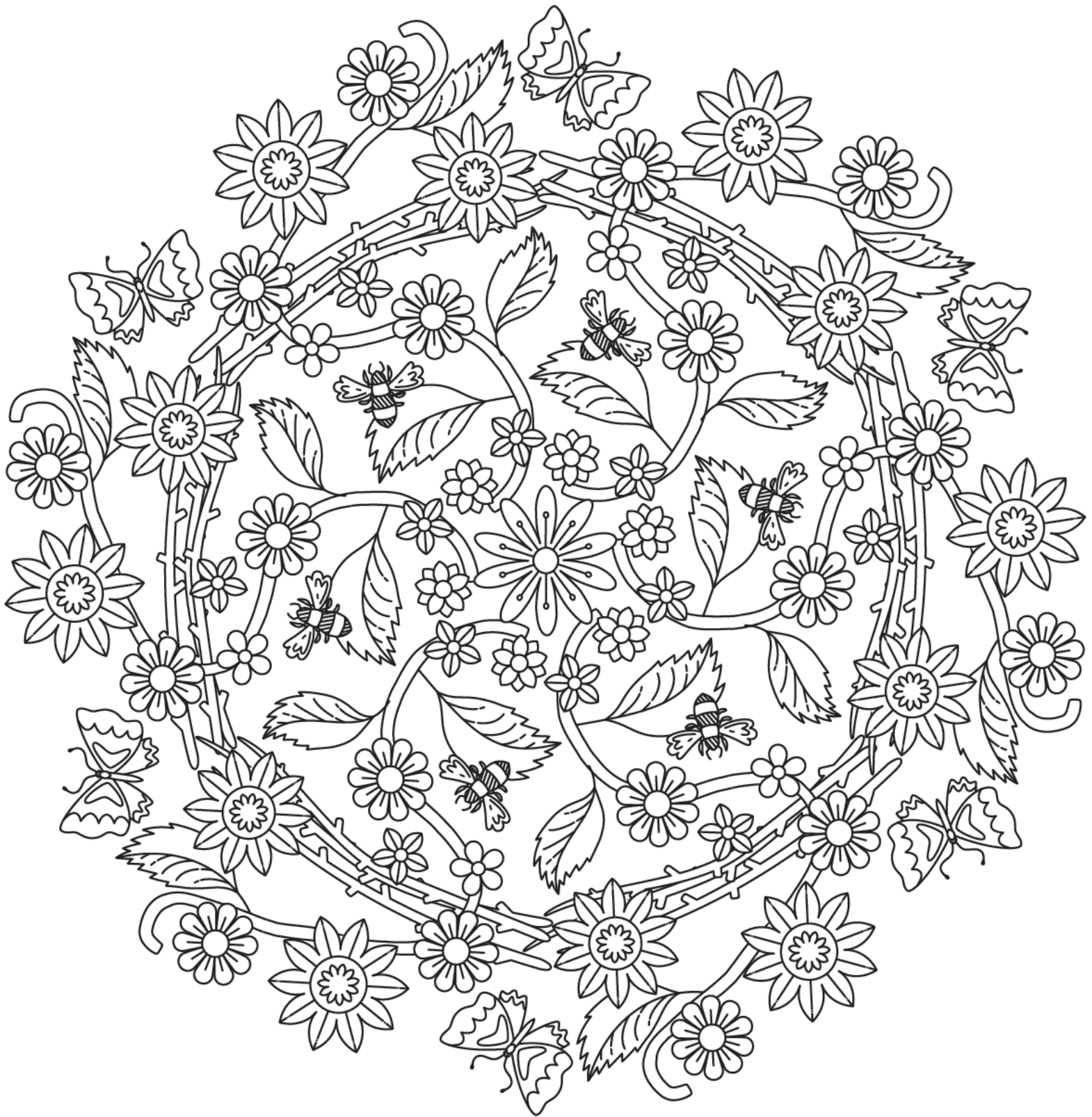
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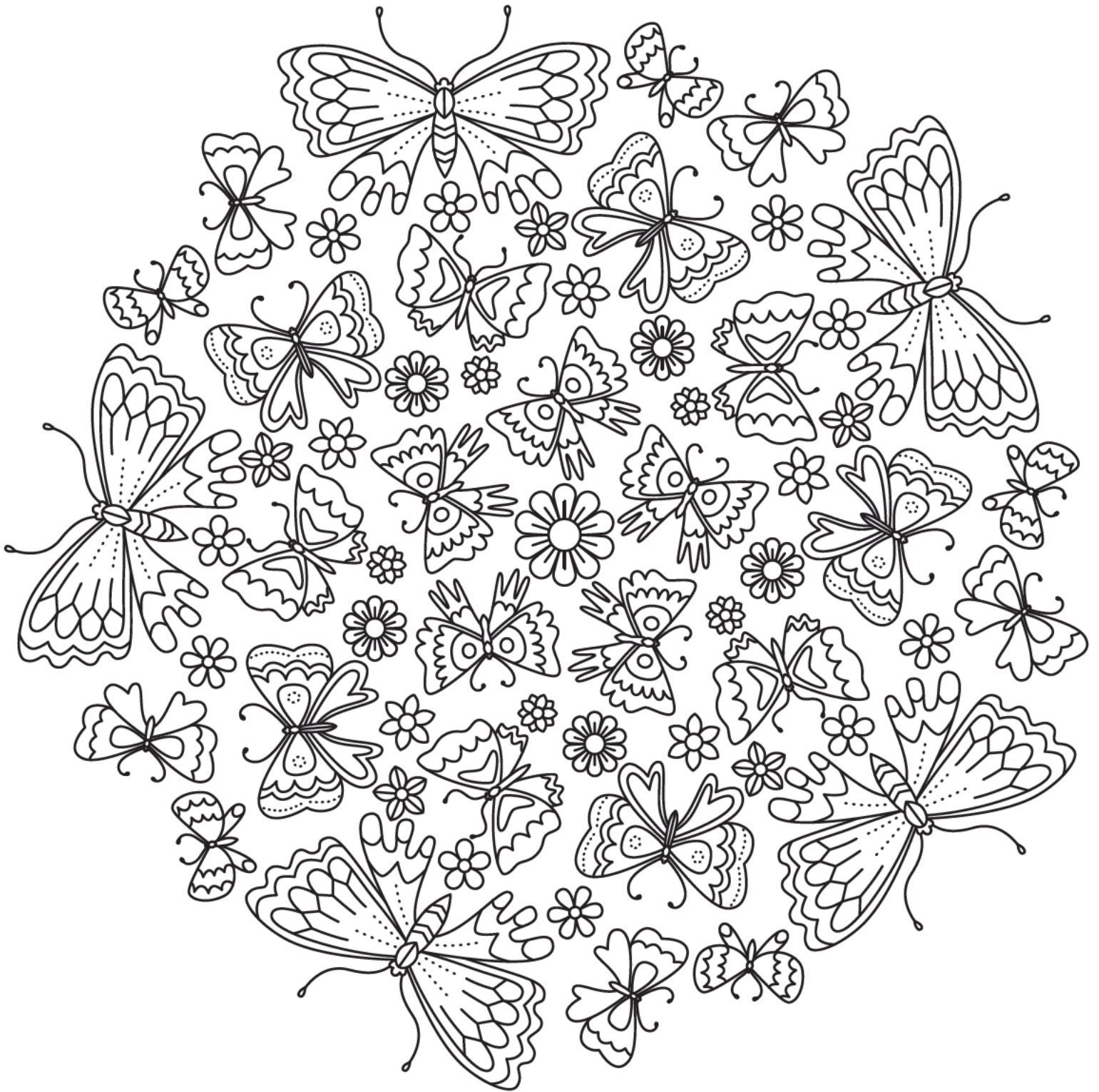
*Learn mandala rock painting the fun and easy way.
My online course gives you complete step-by-step videos.*



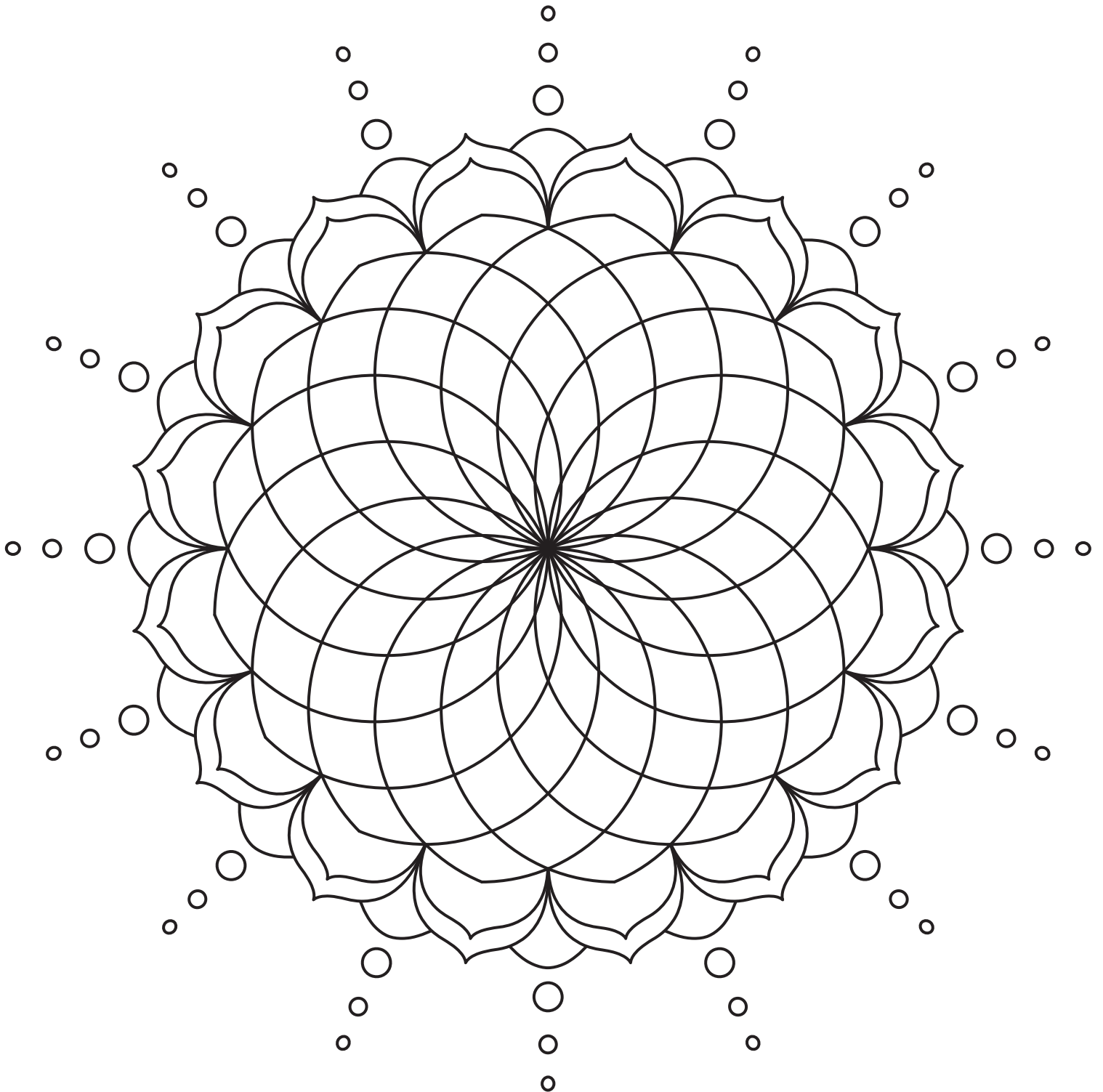
Wisdom, compassion, and courage are the three universally recognized moral qualities of mankind. -Confucius



*Real knowledge is to know the extent of one's
ignorance. -Confucius*

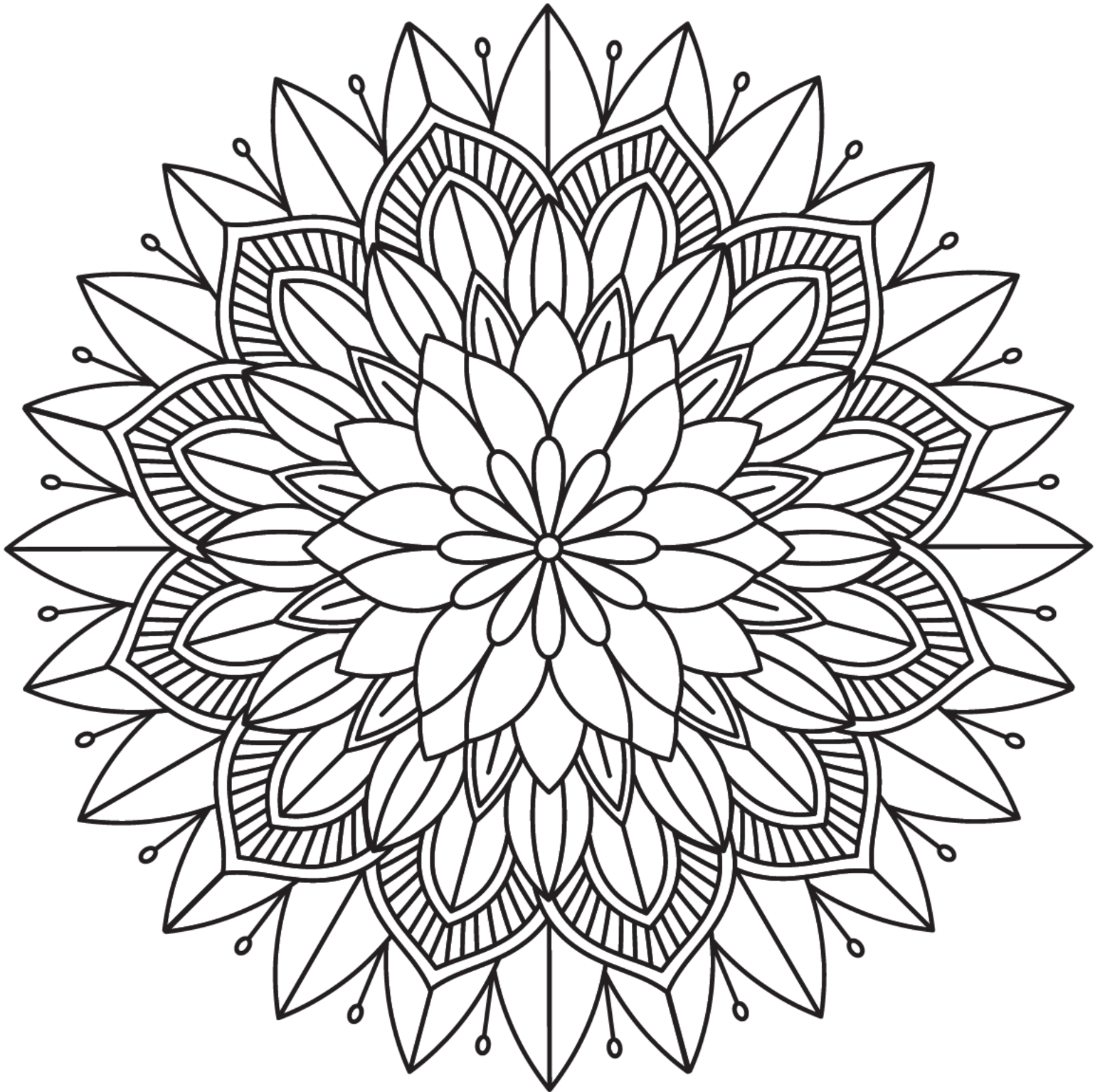


Silence is a true friend who never betrays.
-Confucius

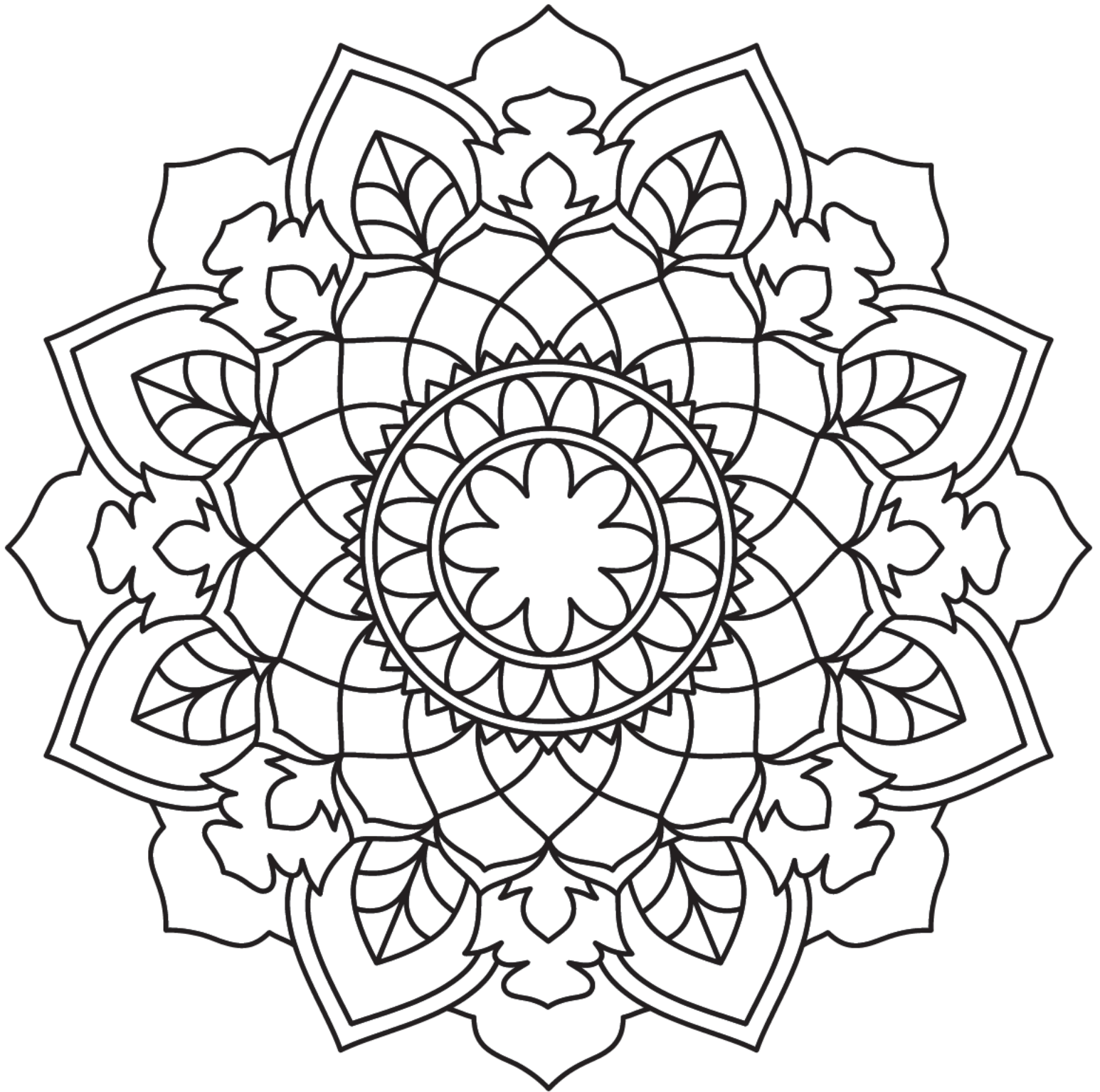


*What you do not want done to yourself,
do not do to others. -Confucius*

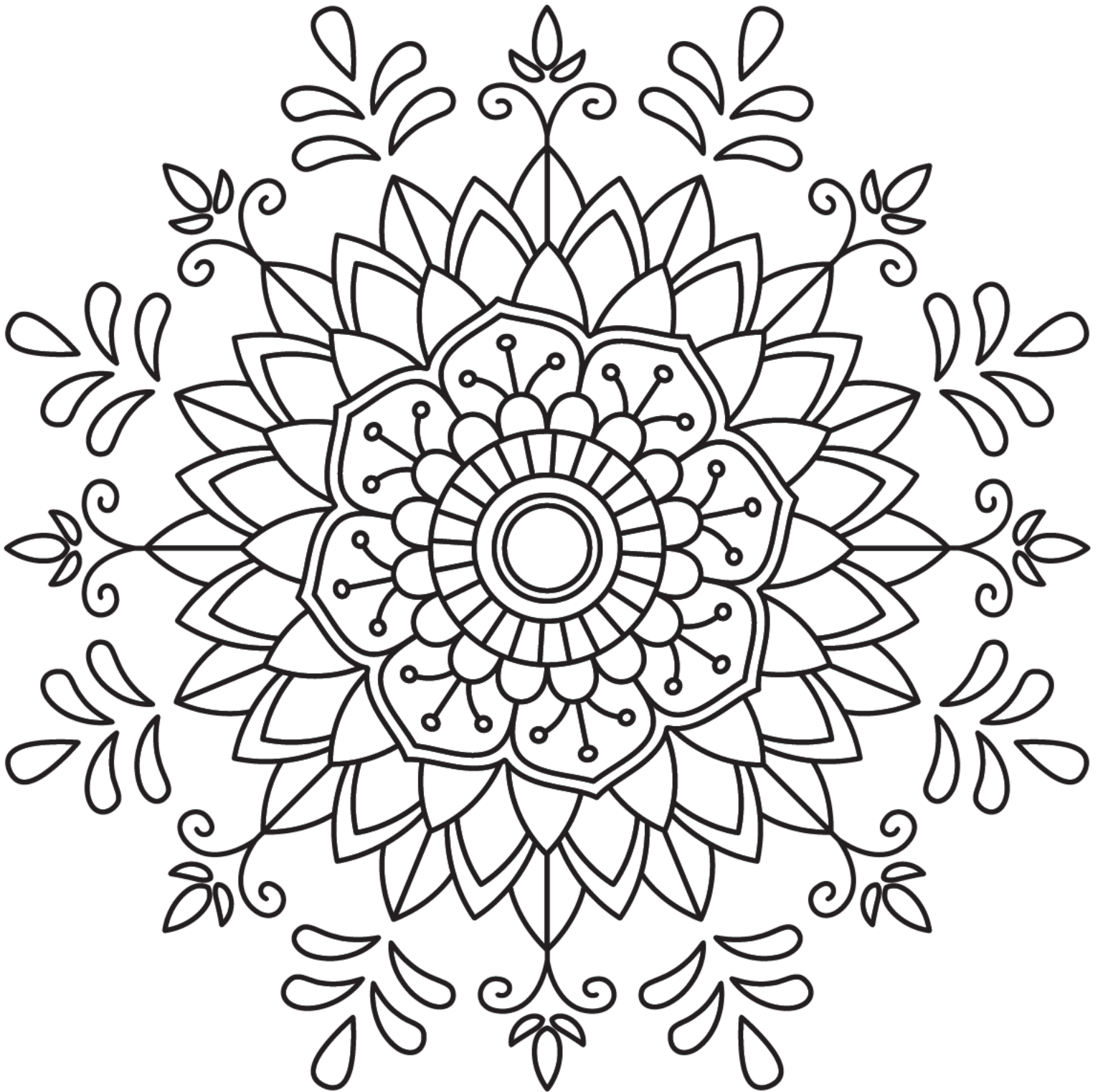
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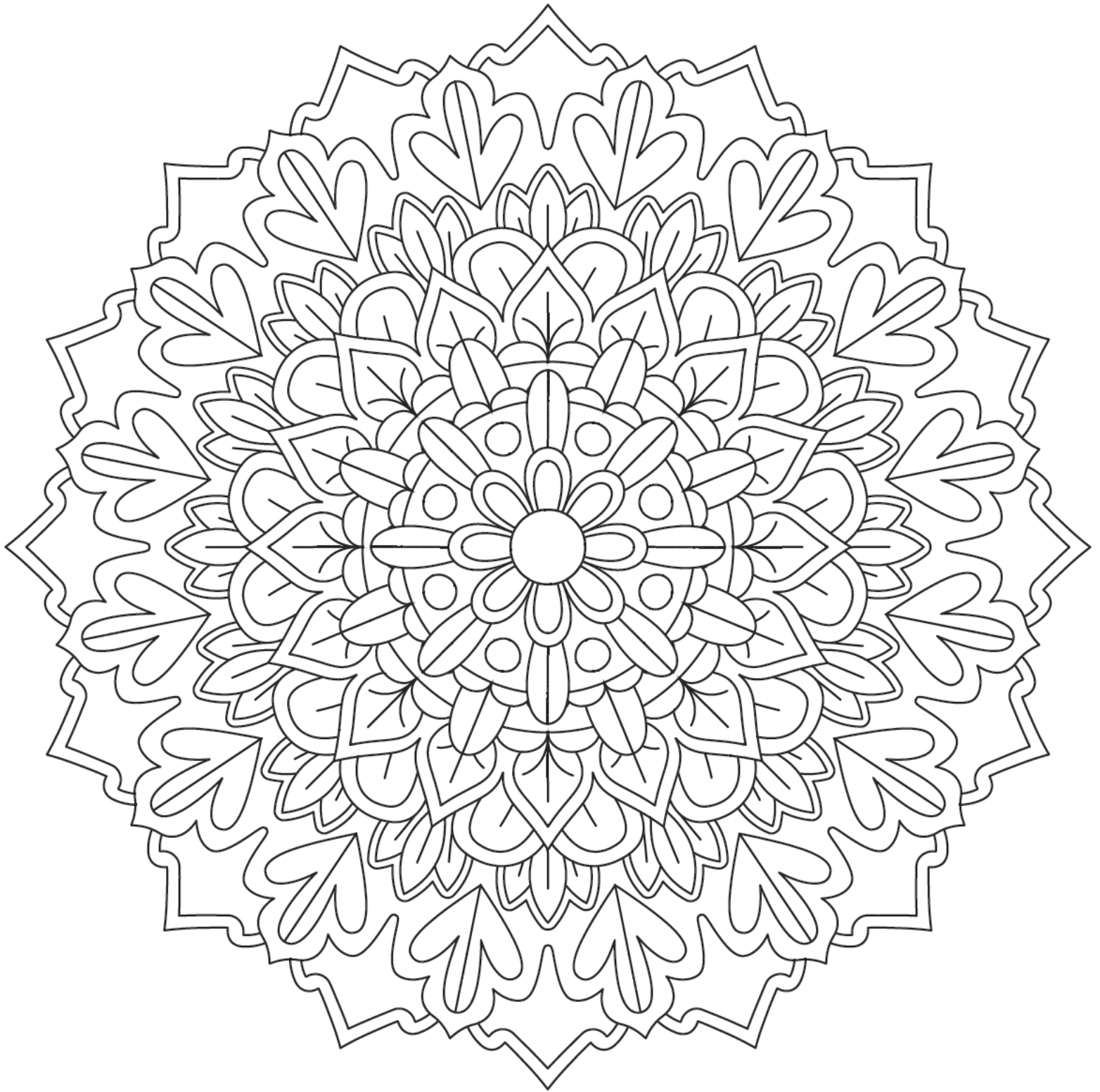
Want to learn more fun mandala crafts? Try rock painting with my easy to follow online course.



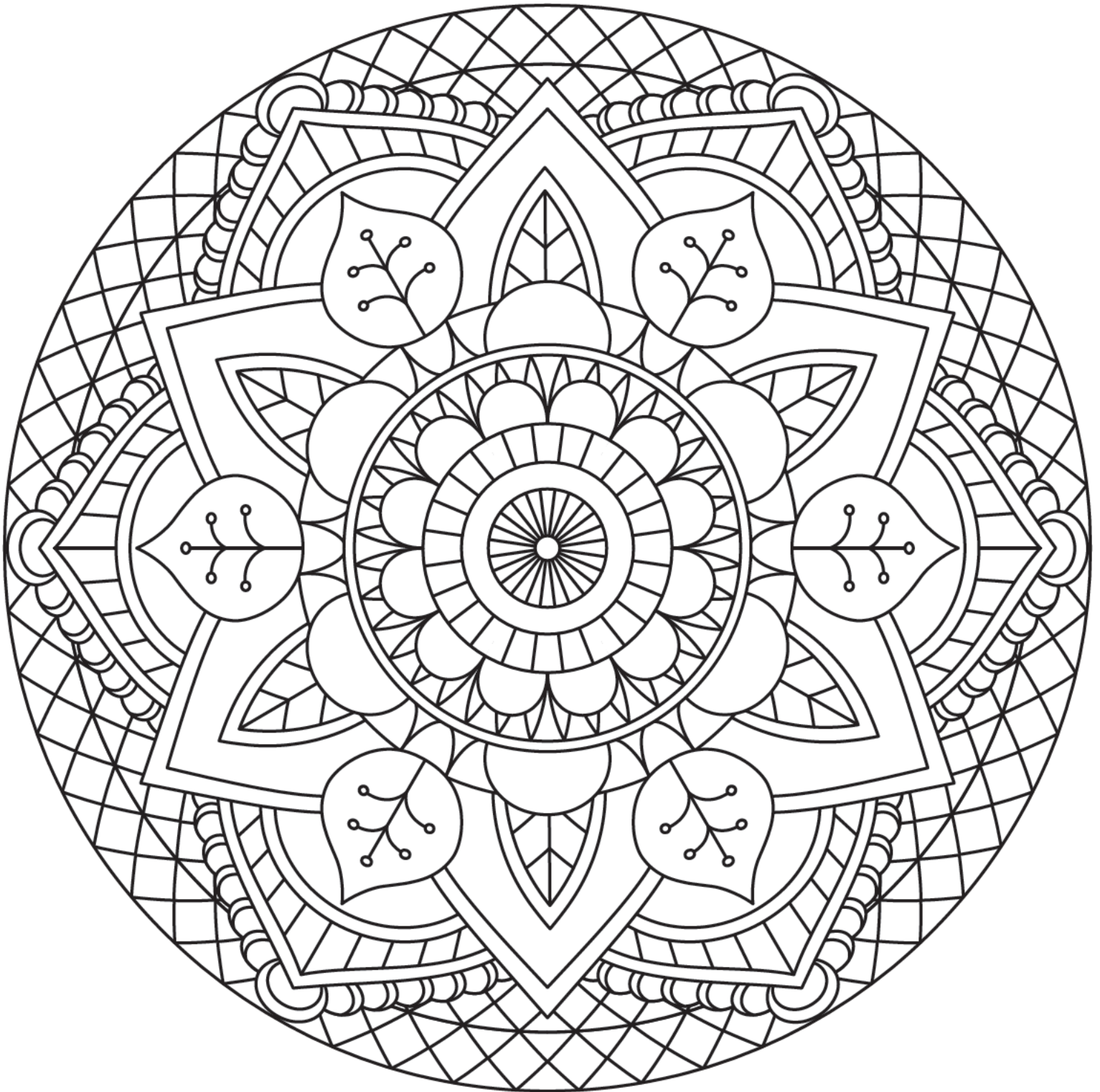
*Ability will never catch up with the
demand for it. -Confucius*



*To see what is right and not to do it is want of
courage, or of principle. -Confucius*

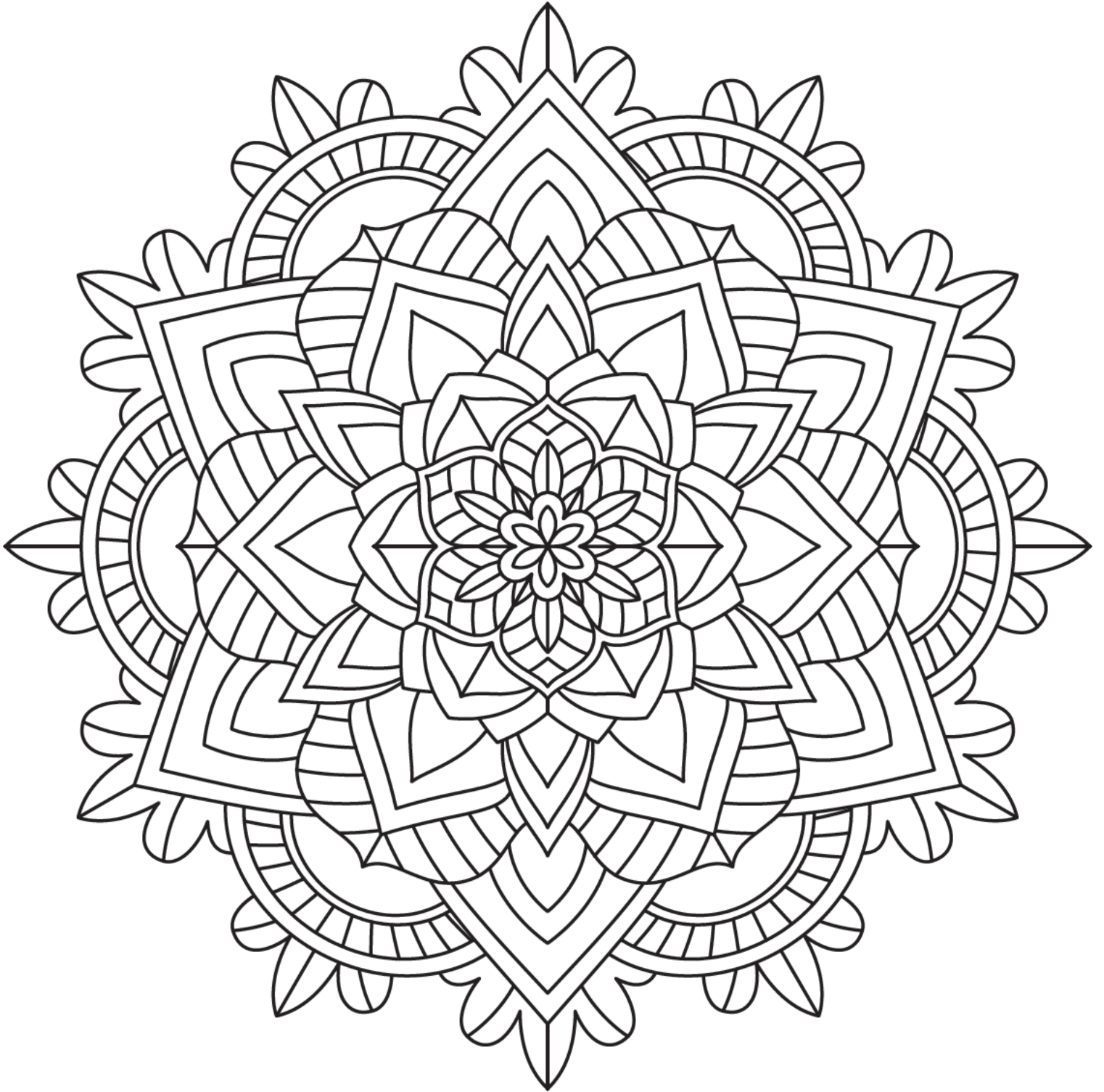


*Never contract friendship with a person that is
not better than thyself. -Confucius*

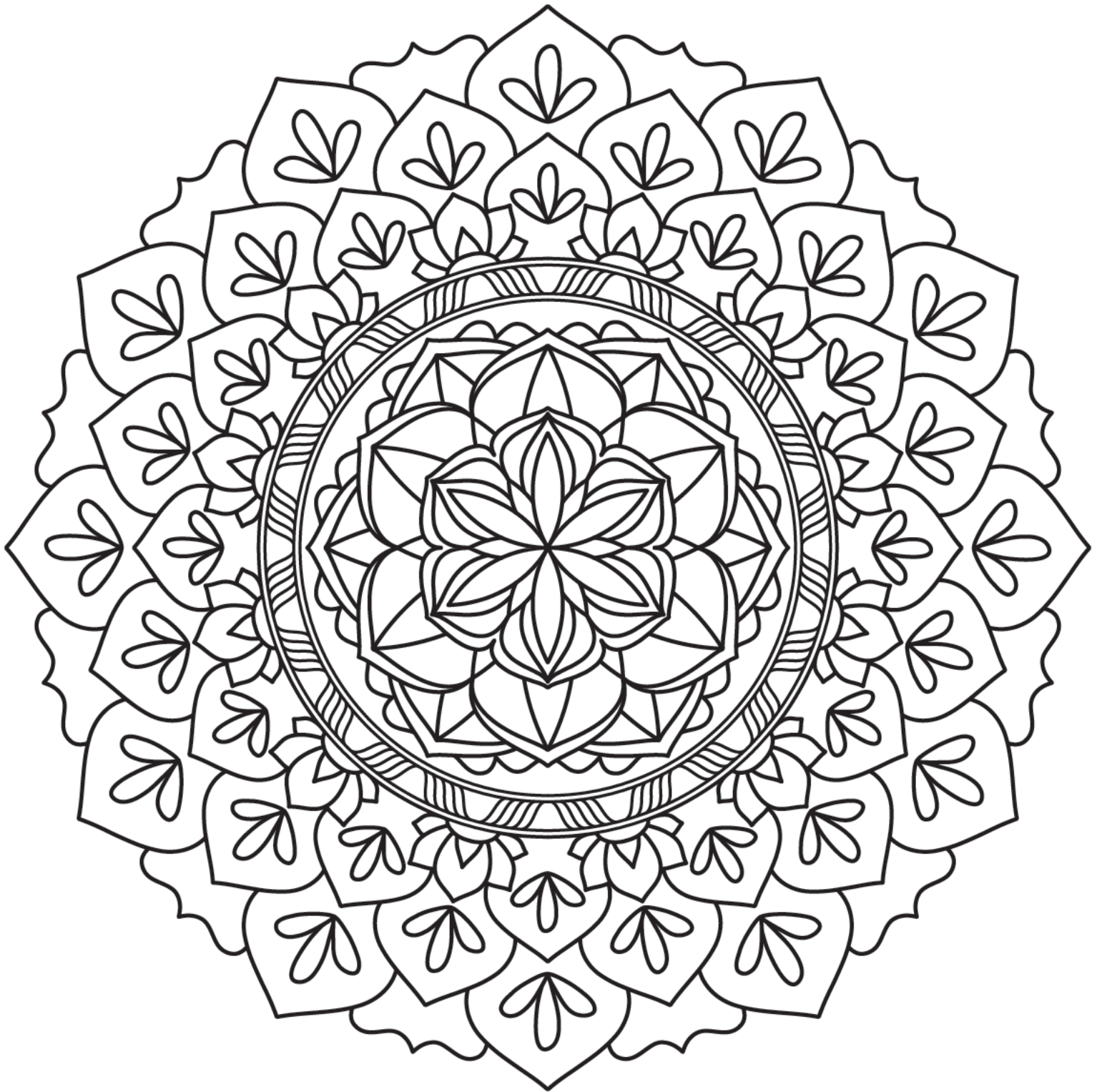


*Wherever you go, go with all your heart.
-Confucius*

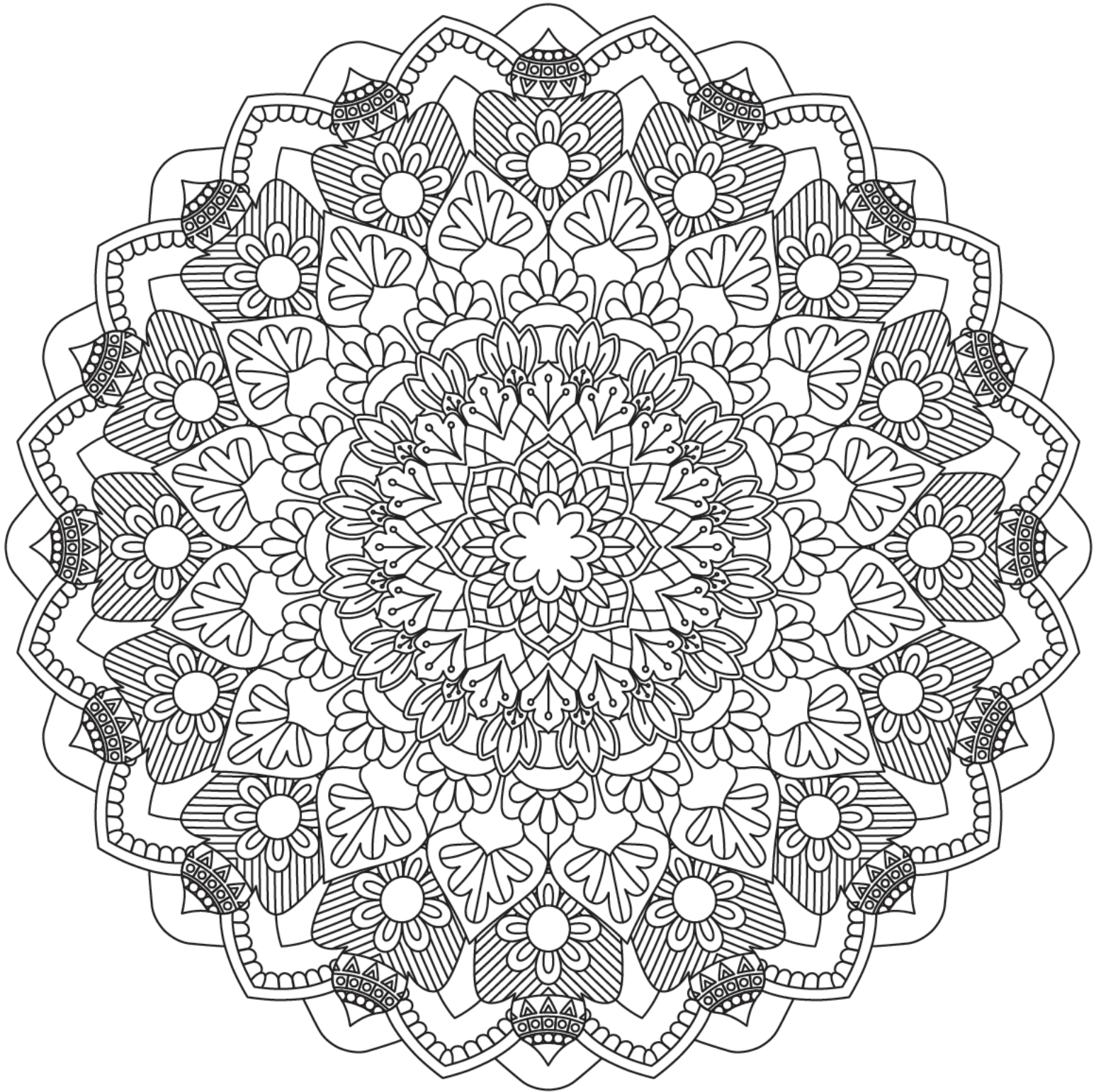
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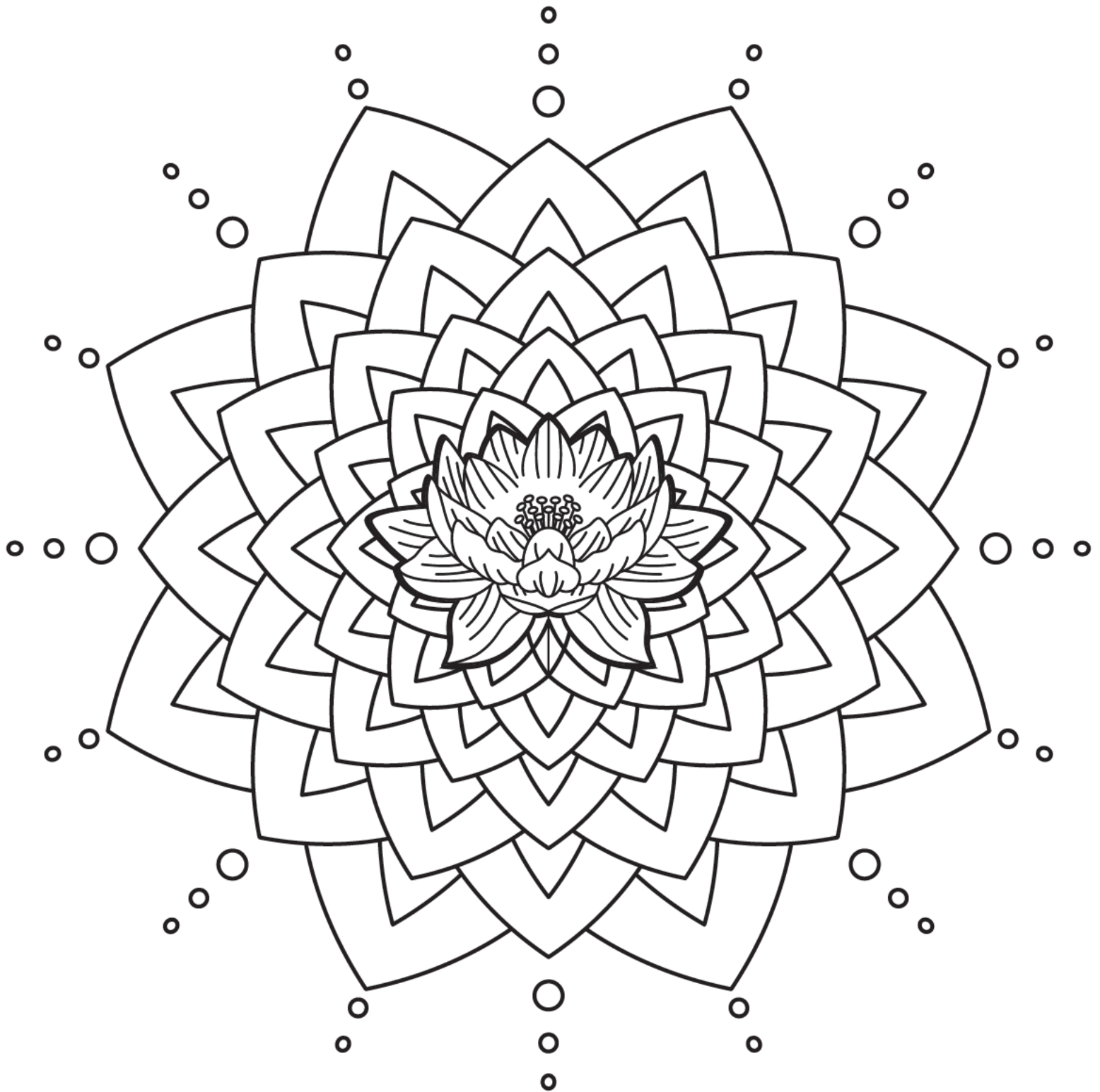
Mandala painted rocks make great gifts. Learn how with me in my online class for beginner and intermediate painters.



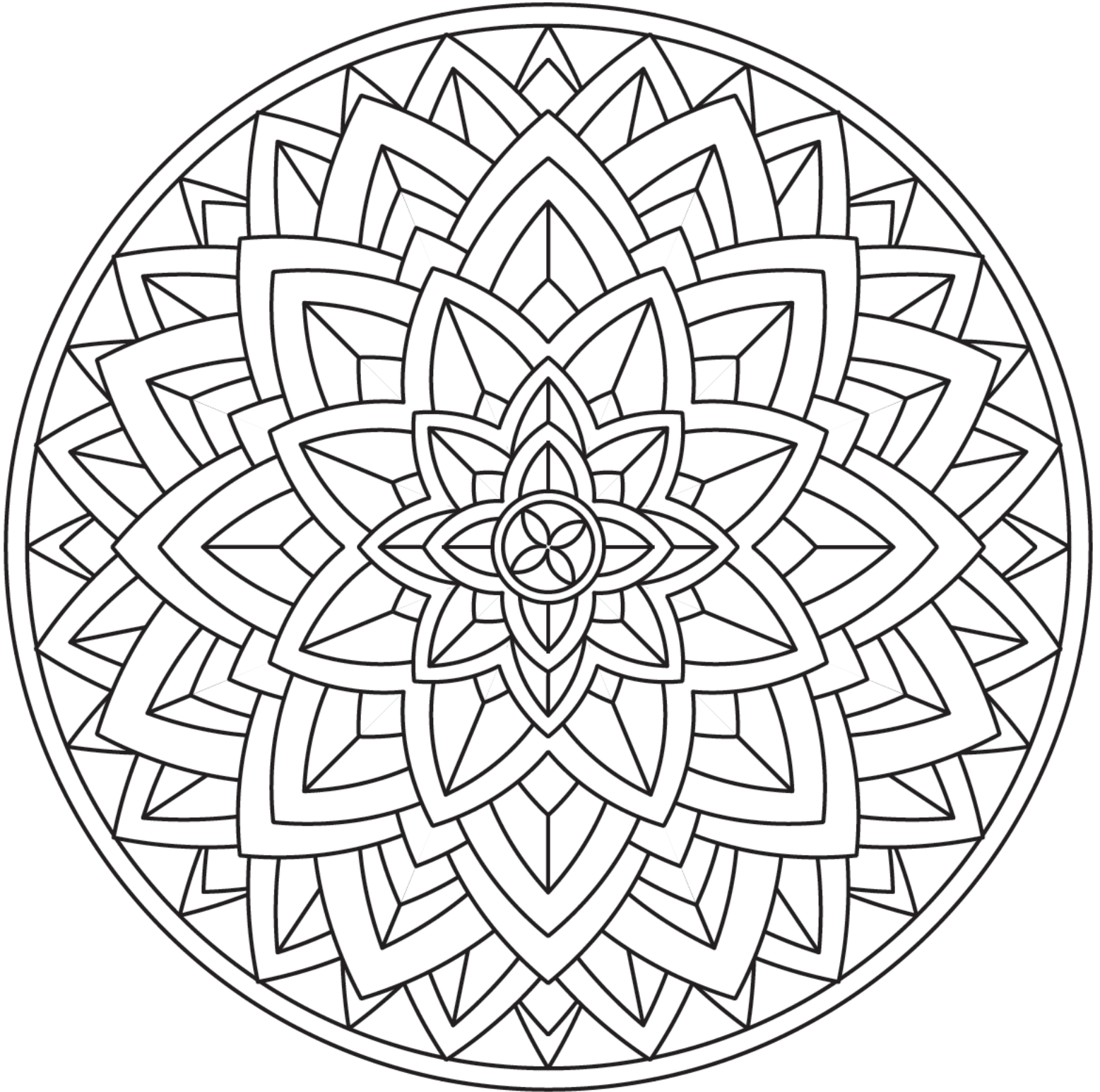
*The firm, the enduring, the simple, and the
modest are near to virtue. -Confucius*



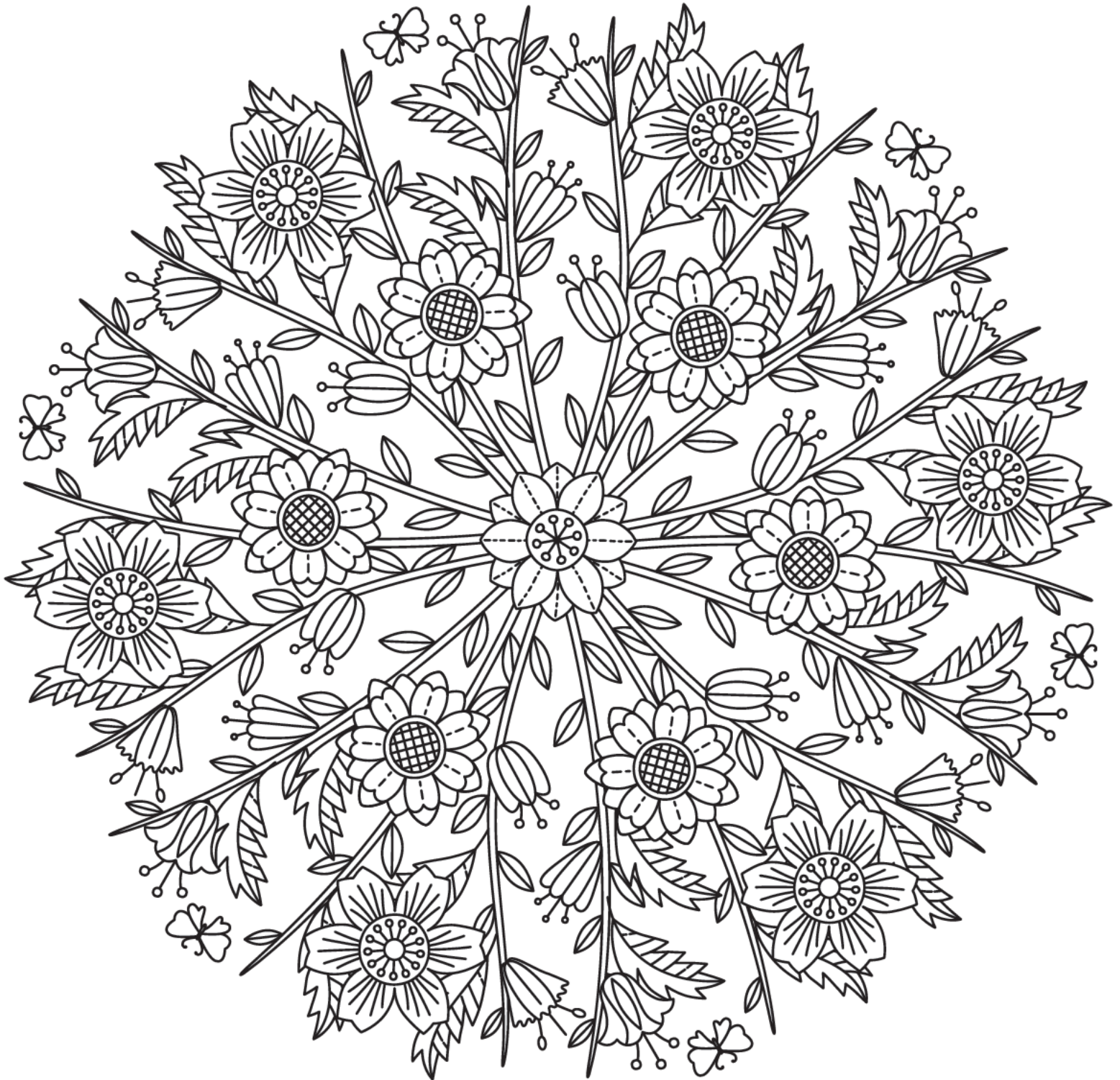
*The superior person is modest in his speech, but
exceeds in his actions. -Confucius*



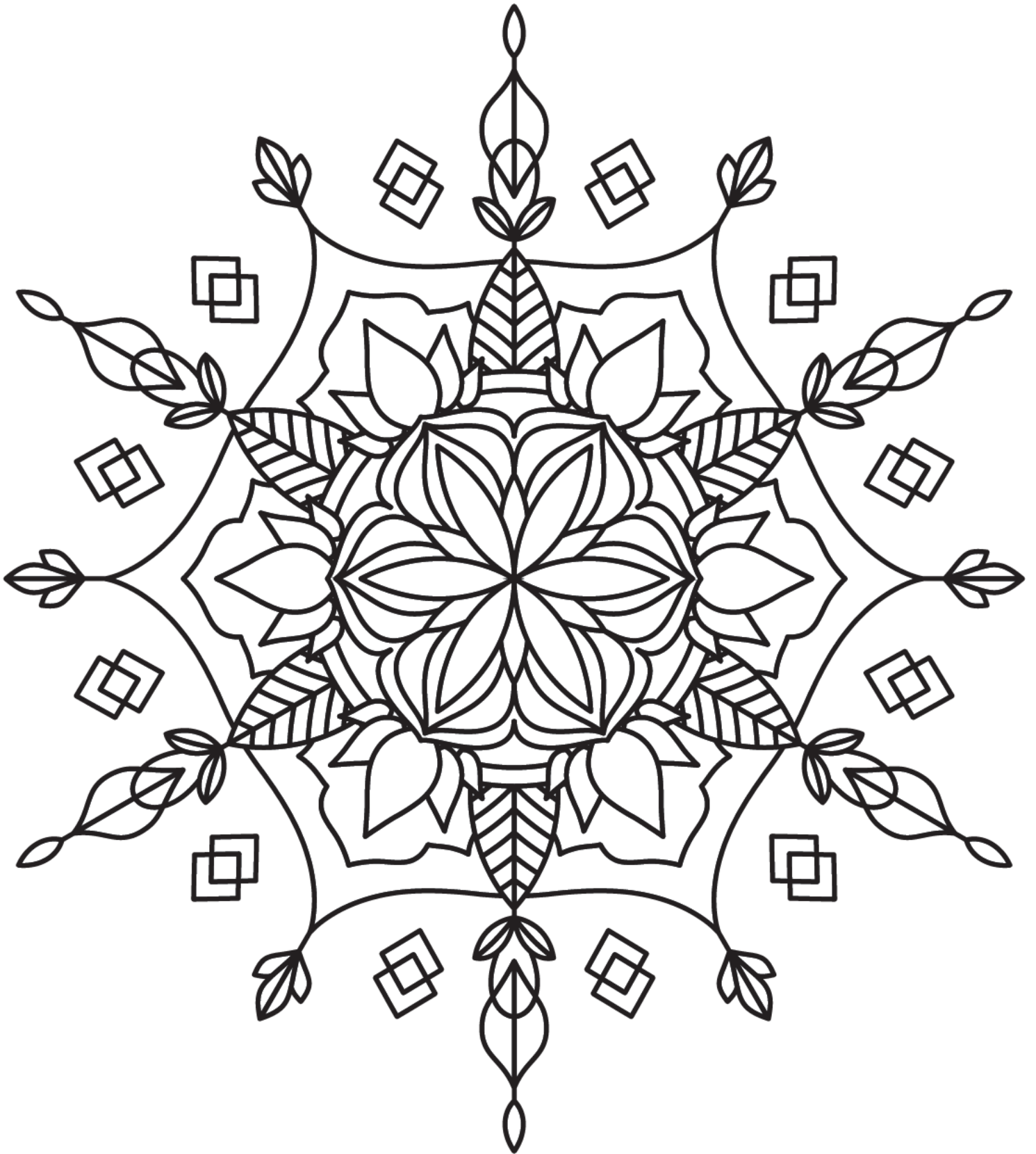
Learning without thought is labor lost; thought without learning is perilous. -Confucius



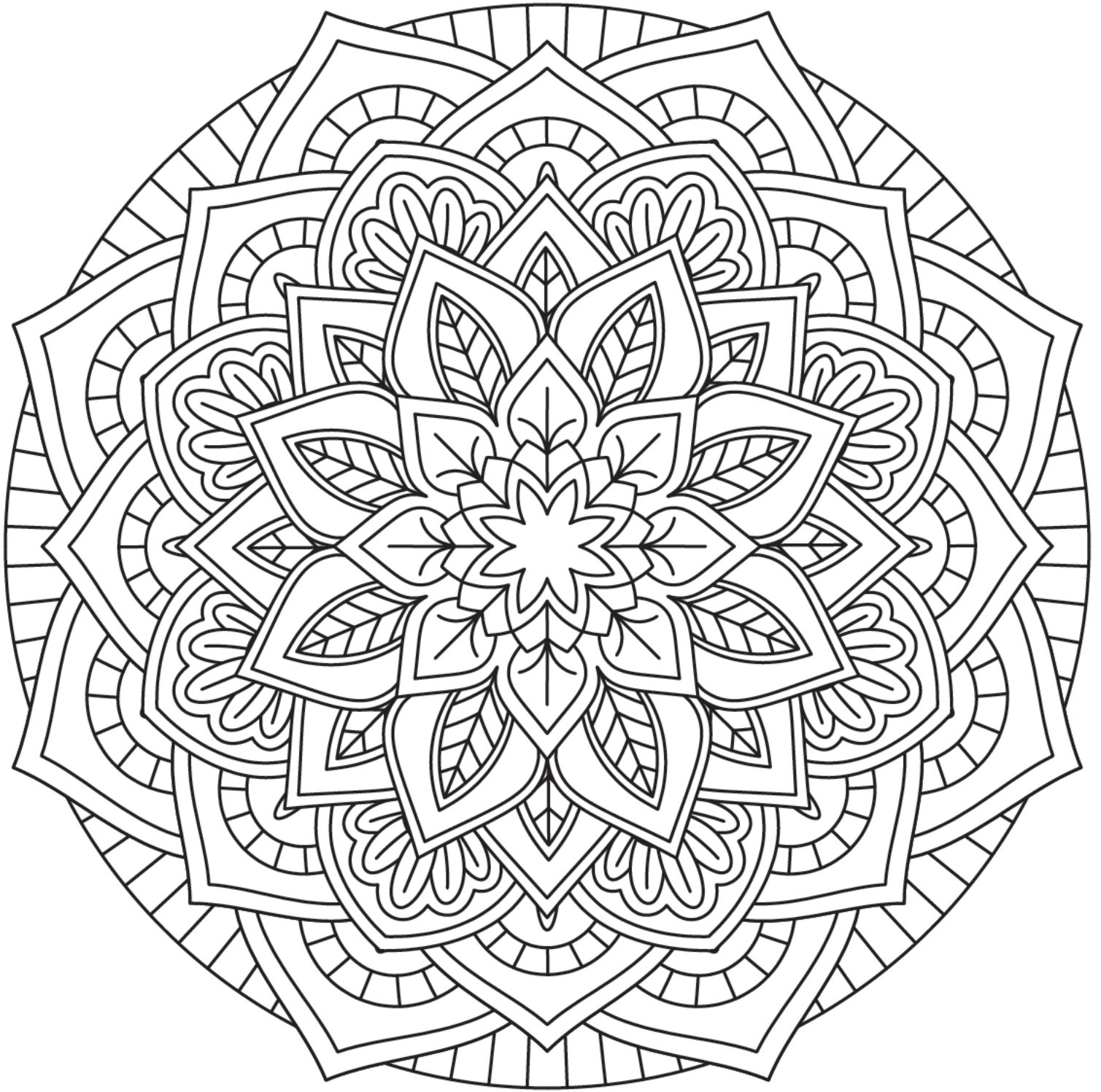
*If we don't know life, how can we know death?
-Confucius*



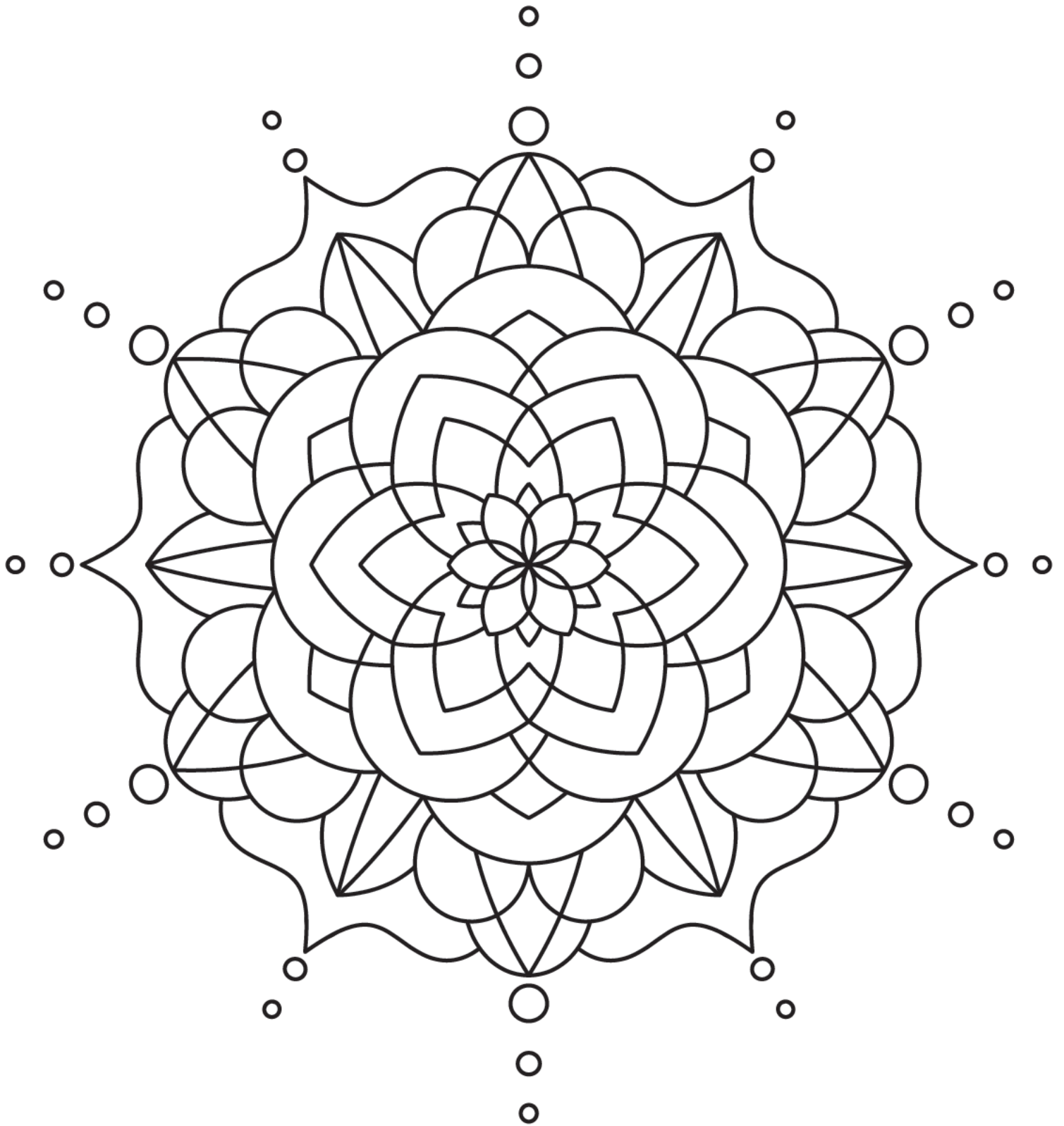
Painting mandala rocks is a great activity to enjoy with family and friends. Learn easily in my step-by-step online course.



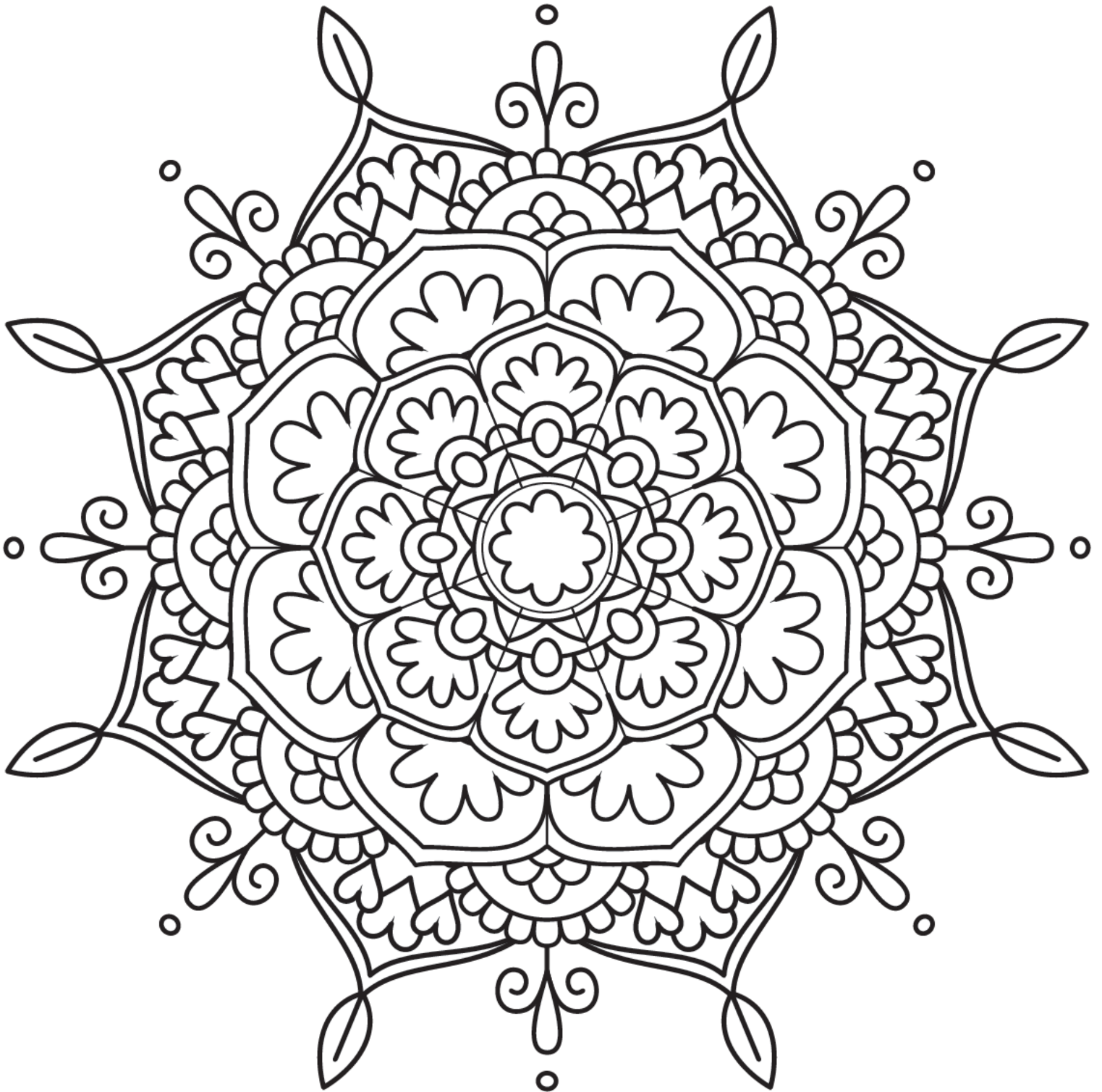
*Faced with what is right, to leave it undone shows
a lack of courage. -Confucius*



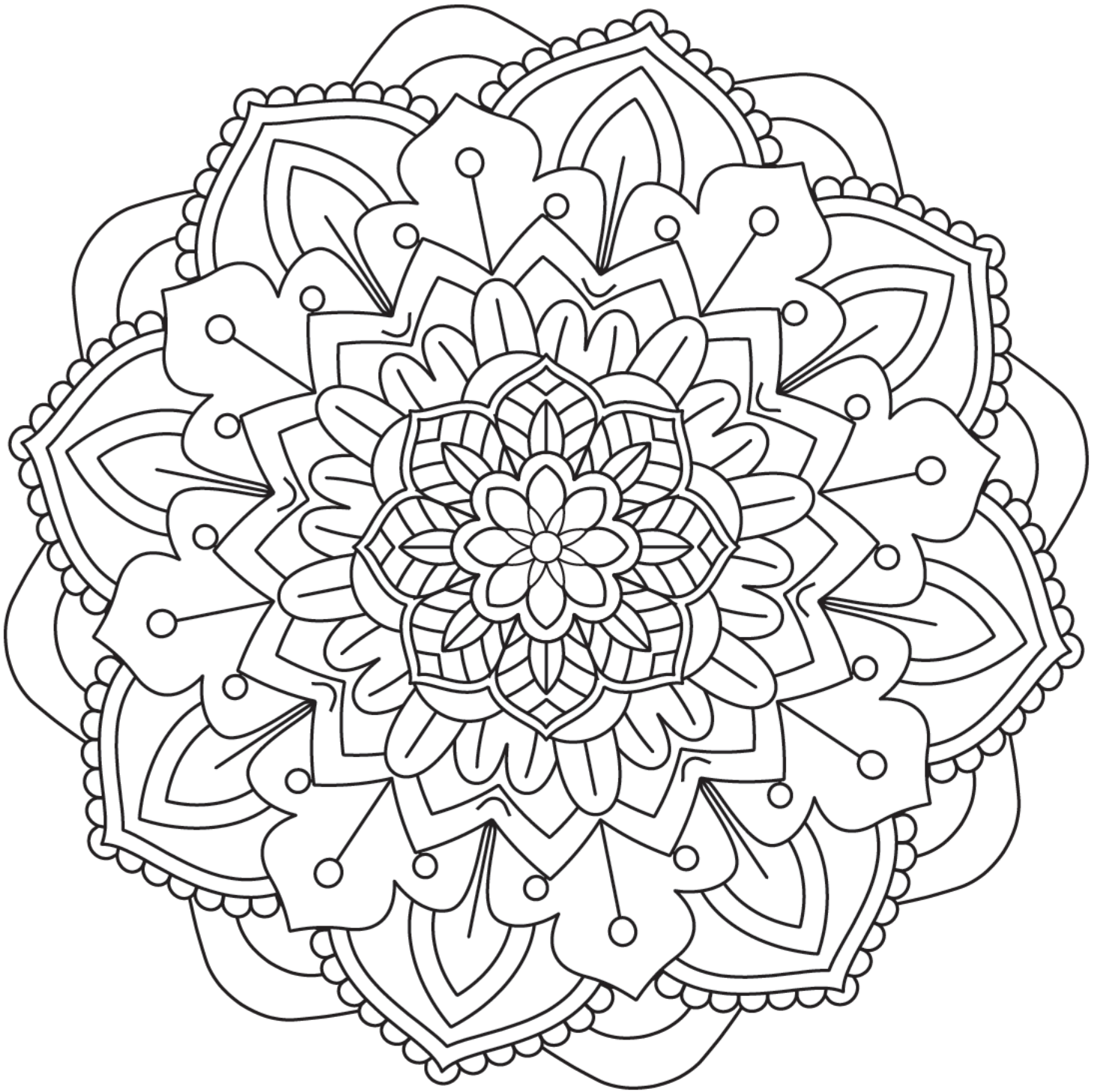
*I want you to be everything that's you, deep at
the center of your being. -Confucius*



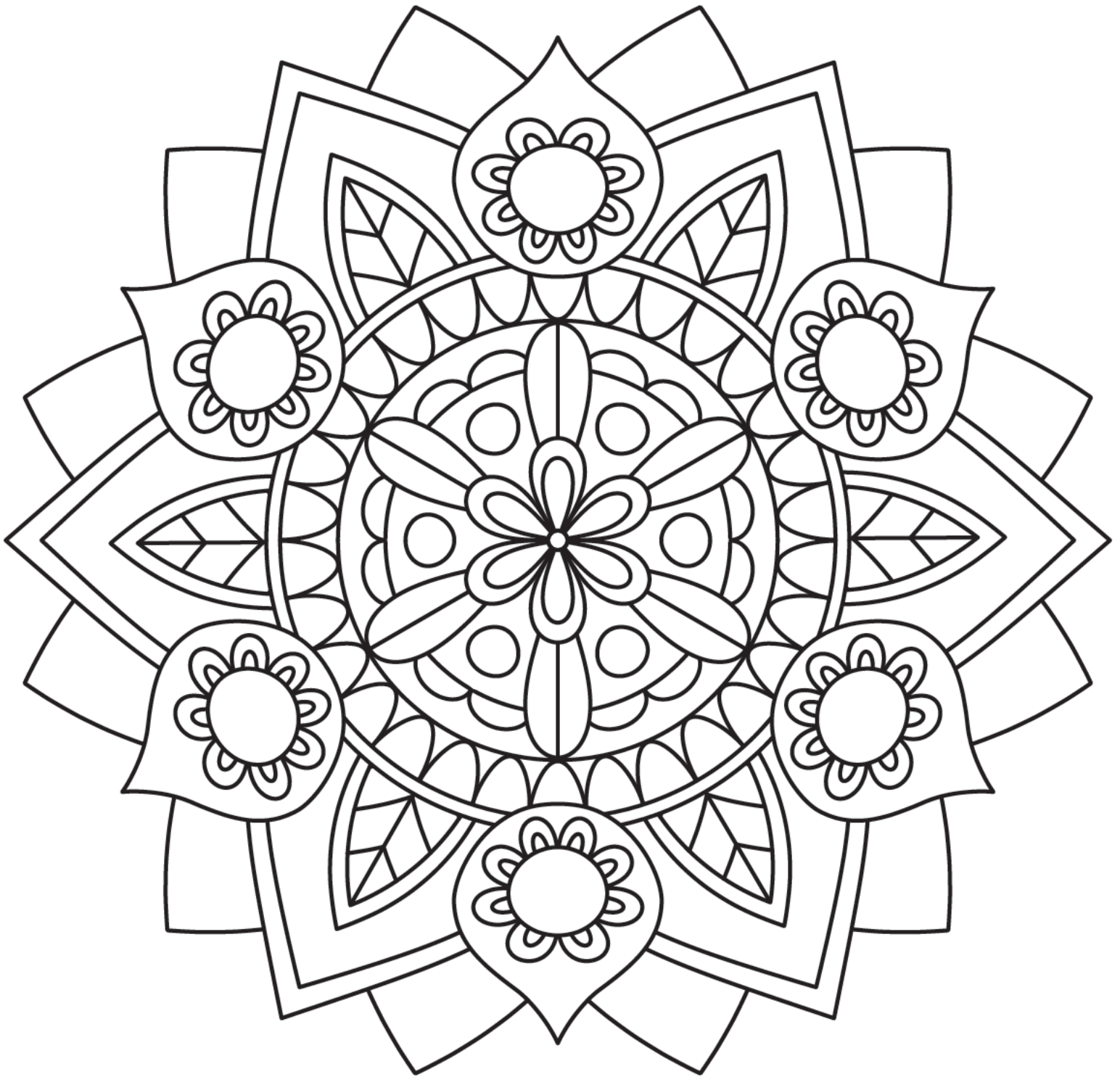
Without feelings of respect, what is there to distinguish men from beasts? -Confucius



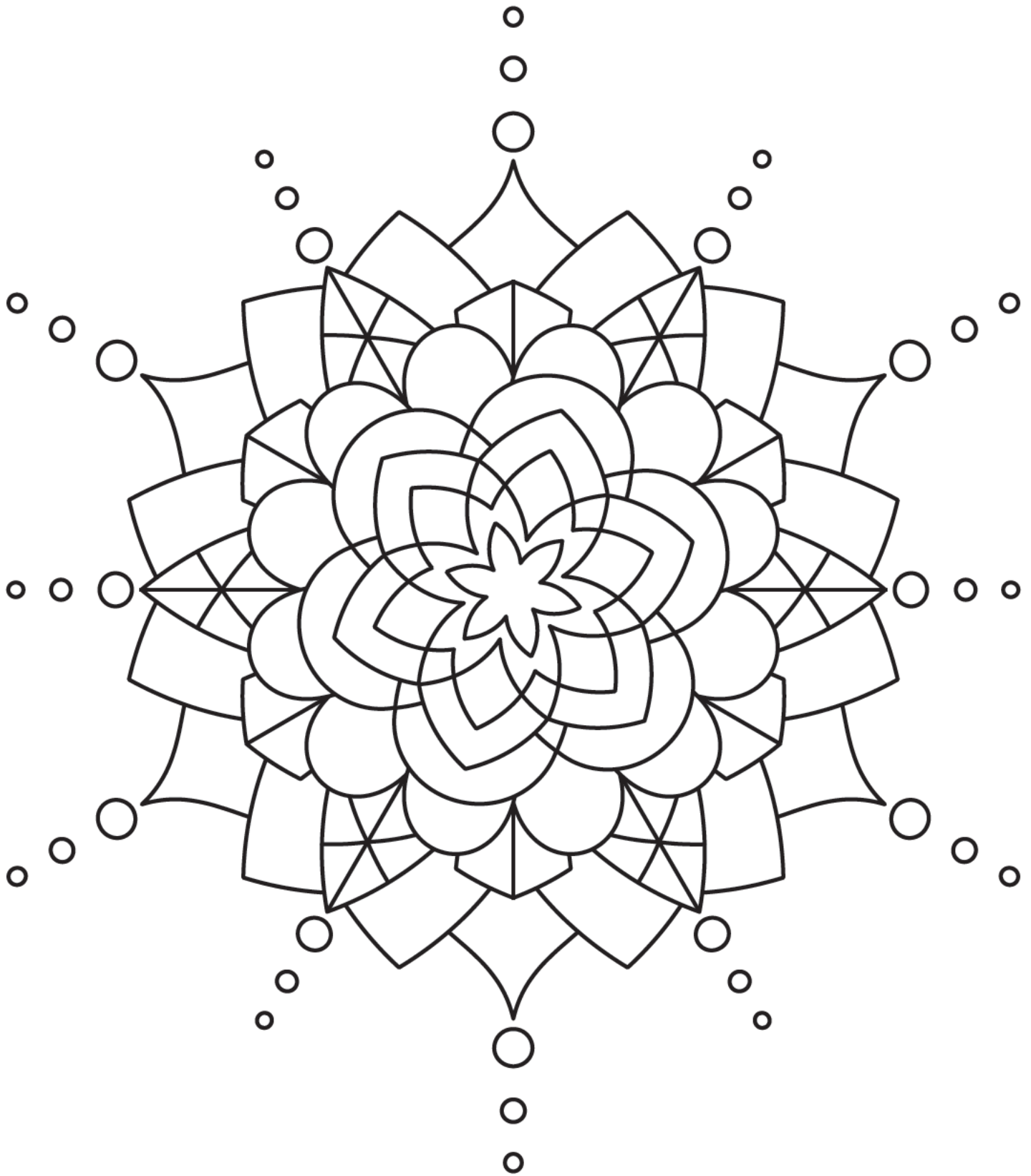
The more one meditates upon good thoughts, the better will be one's world and the world at large. -Confucius



I share design ideas on video with students so, once they learn how to dot mandala, they can expand their designs.

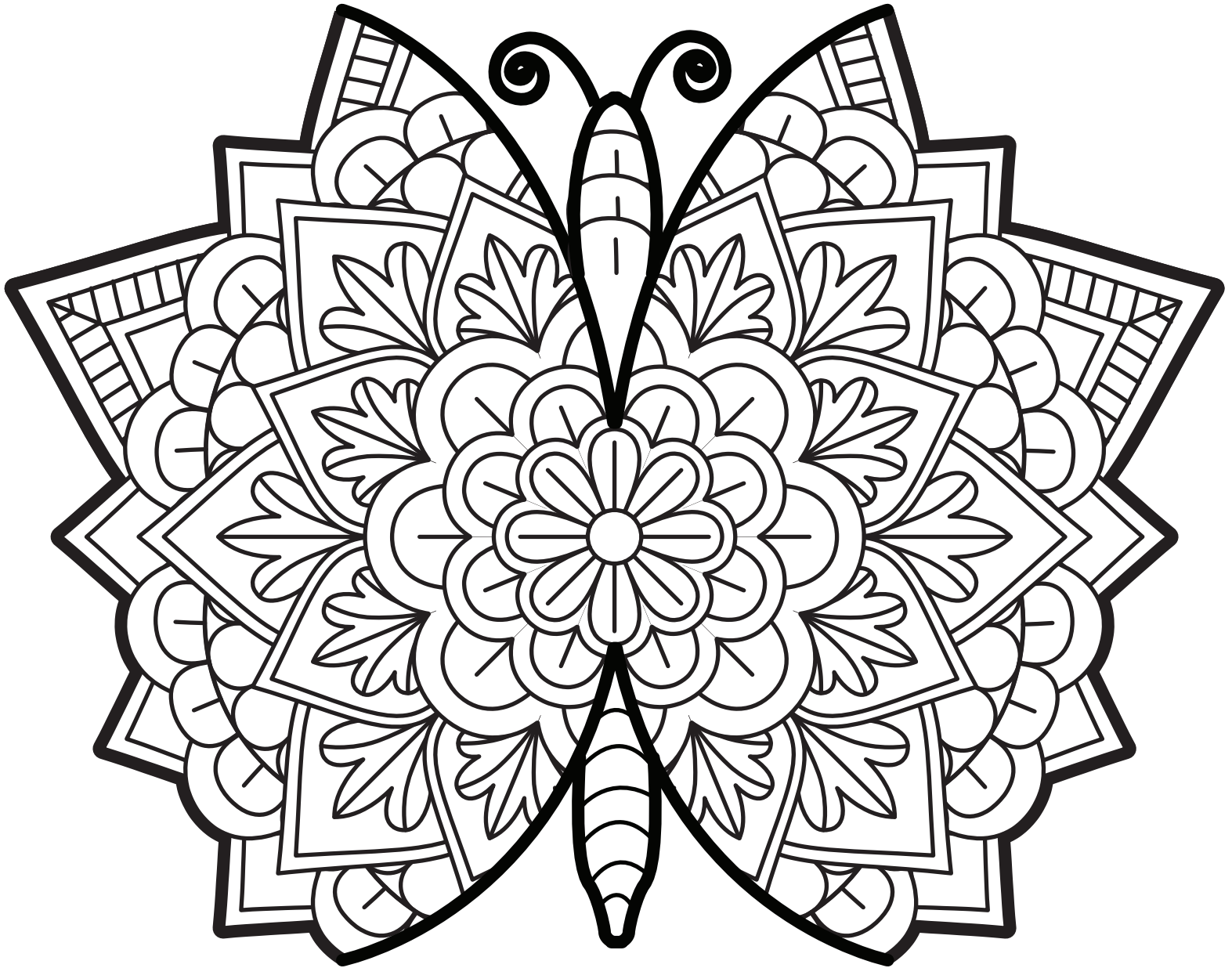


*He who acts with a constant view to his own advantage
will be much murmured against. -Confucius*



The superior person does not, even for the space of a single meal, act contrary to virtue. -Confucius

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